

Innovative Strategies to Increase Access to MAT

Monday, April 24th, 2023

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BAART Programs Market St dba BayMark
Health Services

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Rutkowski, MPH**

Indigenous Land Acknowledgement

- We respectfully acknowledge that we live and work in territories where Indigenous nations and Tribal groups are traditional stewards of the land.
- Please join us in supporting efforts to affirm Tribal sovereignty across what is now known as California and in displaying respect, honor and gratitude for all Indigenous people.


Whose land are you on?

Option 1: Text your zip code to 1-855-917-5263

Option 2: Enter your location at <https://native-land.ca>

Option 3: Access Native Land website via QR Code:





What we say and how we say it inspires the hope and belief that recovery is possible for everyone.

Affirming, respectful, and culturally-informed language promotes evidence-based care.

PEOPLE FIRST

Language Matters

in treatment, in conversation, in connection.



Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration



NATIONAL MINORITY HEALTH MONTH



Better Health Through Better Understanding | April 2023



Innovative Strategies to Increase Access to Medications for Addiction Treatment (MAT)

Presented by:

Kris Prasad, Treatment Center Director



Where Change Begins.

Faculty Disclosures

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None of the presenters, planners, or others in control of content for this educational activity have relevant financial relationships to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients, except:

Cheryl Ho, MD	Stock or Stock options	Johnson & Johnson Pfizer, Roche, Eli Lilly
Kris Prasad	Employee	BAART Programs

All relevant financial relationships have been mitigated by conducting a peer review of the content used for this session.

Learning Objectives

- Propose two (2) signs that indicate a client may need additional support.
- Identify three (3) considerations for managing intake flow.
- Recall two (2) takeaways from the case discussion.

Opioid Use Disorder



**Patient Activity after extending
operating hours**

**Venturing into unknown territory &
what we didn't know**

Keys to rolling out a 24/7 operation

California's Opioid Epidemic



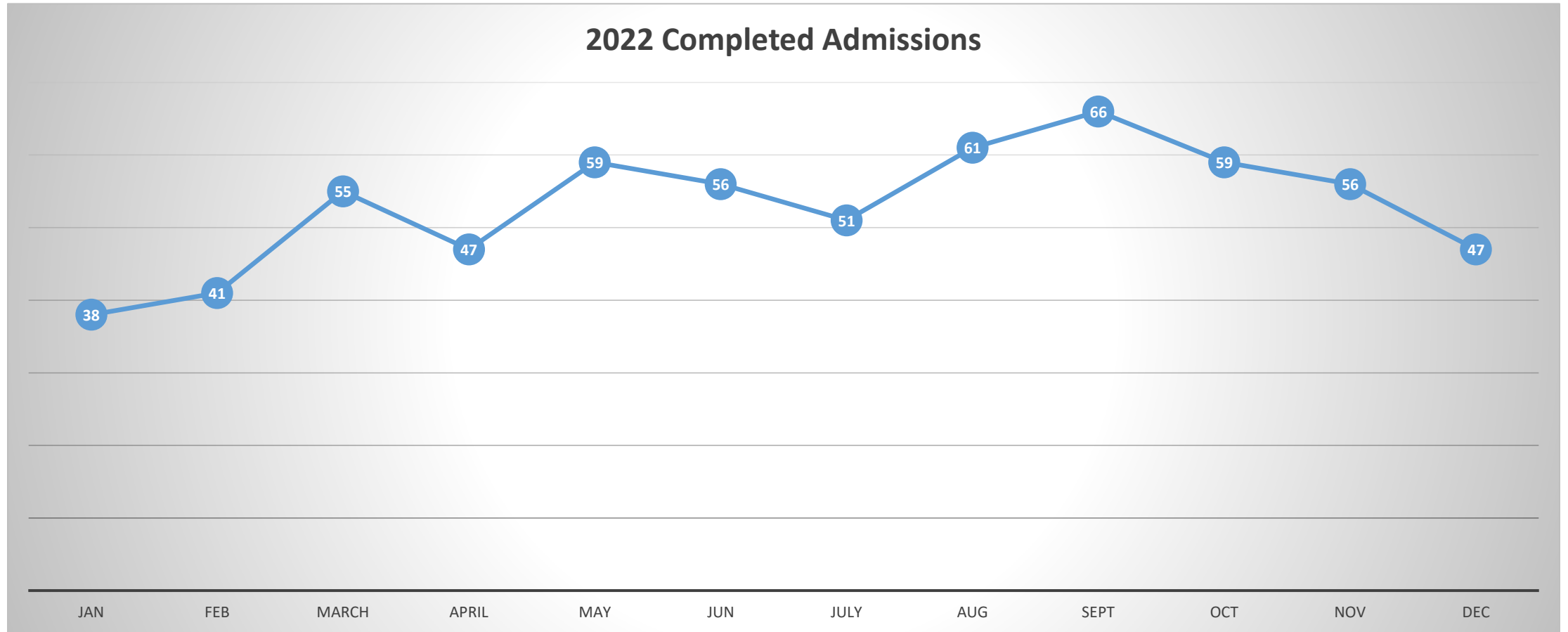
- **Across California in 2021:**
 - **3,244** Opioid Overdose Deaths
 - **1,603** Deaths Related to Fentanyl
 - **11,767** ED Visits Related to Opioid Overdose
 - **17,576,679** Opioid Prescriptions Written

- **Across California in 2022:**
 - **5,363** Opioid Overdose Deaths
 - **3,857** Deaths Related to Fentanyl
 - **15,664** ED Visits Related to Opioid Overdose
 - **14,867,427** Opioid Prescriptions Written

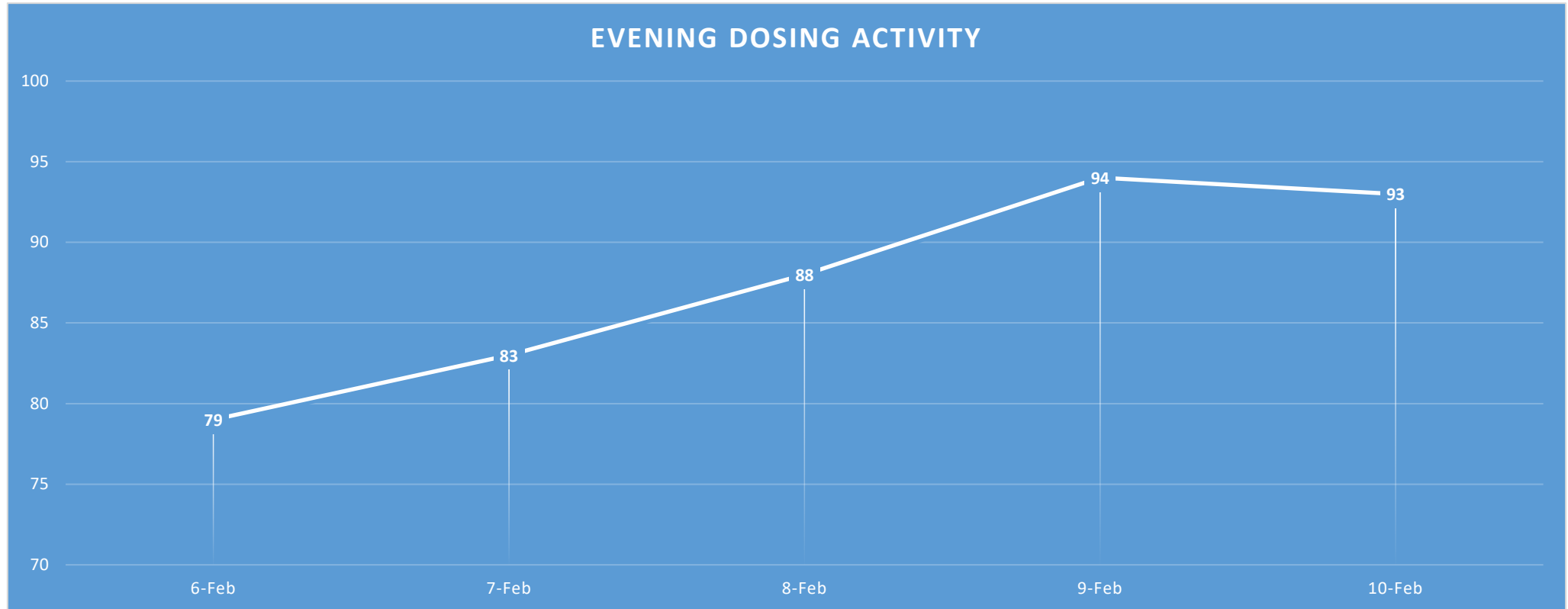
Operating Hours

BAART Market Street							
1111 Market St San Francisco Ca 94103							
Days	M	T	W	Th	F	Sa	S
Core 6am - 2p	Green	Green	Green	Green	Green	Yellow	Yellow
2nd Shift 2:30-10p	Green	Green	Green	Green	Green	Red	Red
3rd Shift 10:30-6am	Red	Red	Red	Red	Red	Red	Red
Where Green = Services include intakes and dosing							
Where Yellow = Dosing Services Only							
Where Red = NO Services Being Provided							

YTD Completed Admissions



Dosing at Night



July: 1,809 patients served in Evening Access Program

Developing a Referral Network

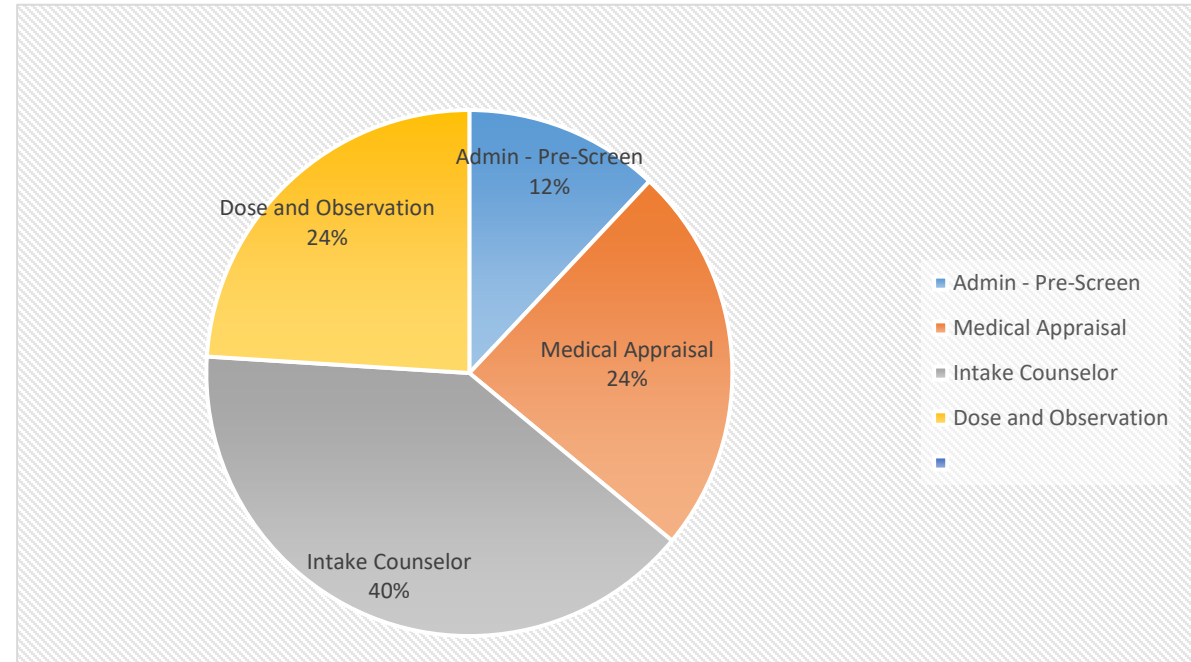
D161													On-line
A	B	C	D	E	F	G	H	I	J	K	L	M	
	Patient Name	Inquiry Date	Referral Source to Market St (Individual)	Ethnicity	Homeless	Disposition (NAD, Distressed, Extremely Agitated)	Over/Under 65	Active/Inactive	Female/Male	Intake Shift	Payor	Comment	
147	143	6/16/2022	Walk in	White	Housed	NAD	Under	Active	Male	Weekday 2nd Shift	DMC- General		
148	144	6/15/2022	Walk in	White	Housed	NAD	under	Active	Female	Weekday 2nd Shift	DMC- General	pt stepped out to get some form of ID and ever came back	
149	145	6/16/2022	Telephone Call	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		
150	146	6/16/2022	Re-Admit	White	Housed	NAD	N/A	active	Female	Weekday 2nd Shift	DMC- General		
151	147	6/17/2022	General Hospital	White	Housed	NAD	Under	Active	Female	Weekday 2nd Shift	DMC- General		
152	148	6/17/2022	On-line	white	Homeless	NAD	Under	Active	Female	Weekday 2nd Shift	Grant	#137 & #142 finally Completed in-take	
153	149	6/17/2022	Re-Admit	Black	Housed	NAD	Under	Active	Female	Weekday 2nd Shift	DMC- General		
154	150	6/17/2022	TLC	White	Homeless	NAD	Under	inActive	6/17/2022	Weekday 2nd Shift	Grant		
155	151	6/20/2022	Walk in	White	Homeless	NAD	Under	Active	Female	Weekday 1st Shift	Medicare		

- Emergency Department
- CBO's
- SUD Network
- County Department of Public Health
- Online - Re-Admit/Friends/ Family



Managing Intake Flow

- Intake Surge
 - Plan for Multiple intakes w/limited crew
- Multiple Medical Screens PRN
 - Continue to assess for signs of sedation or use
- Lobby Milieu
 - One ripple creates another



Intake & Admission



Eligibility Requirements

- ➔ You are 18 years of age or older
- ➔ You have photo identification
- ➔ Opioids are your primary drug of choice and there is evidence of opioid addiction
- ➔ You agree and adhere to program policies and procedures



What to Expect at Intake

- ➔ Review of medical and drug history
- ➔ Physical assessment
- ➔ Drug Screen
- ➔ Consultation with intake counselor
- ➔ Review of program policies and procedures

Patient Retention Study

Patient ID Admission Date	Reason for Discharge Discharge Date	Current Medication and Dose	Efficacy of Medication Level	Last COWS and Score	Last 2 U/A Results	Frequency of Counseling	Last Counseling	Progress/Participation towards Treatment Goals & Counseling	Referrals made?	Follow up needed?/Comments
			(Comments)				Session			
3/31/23	No Show	50mg	Unstable	16	+Stim	<1Mo	4/4/23	Poor attendance	Stim Tx	Achieved Increases

Signs Clients May Need More Support

- Poor personal appearance/hygiene.
- Avoiding friends and family.
- No longer participating in activities they enjoyed.
- Lying about drug or alcohol use.
- Spending a lot of time using and recovering from effects.

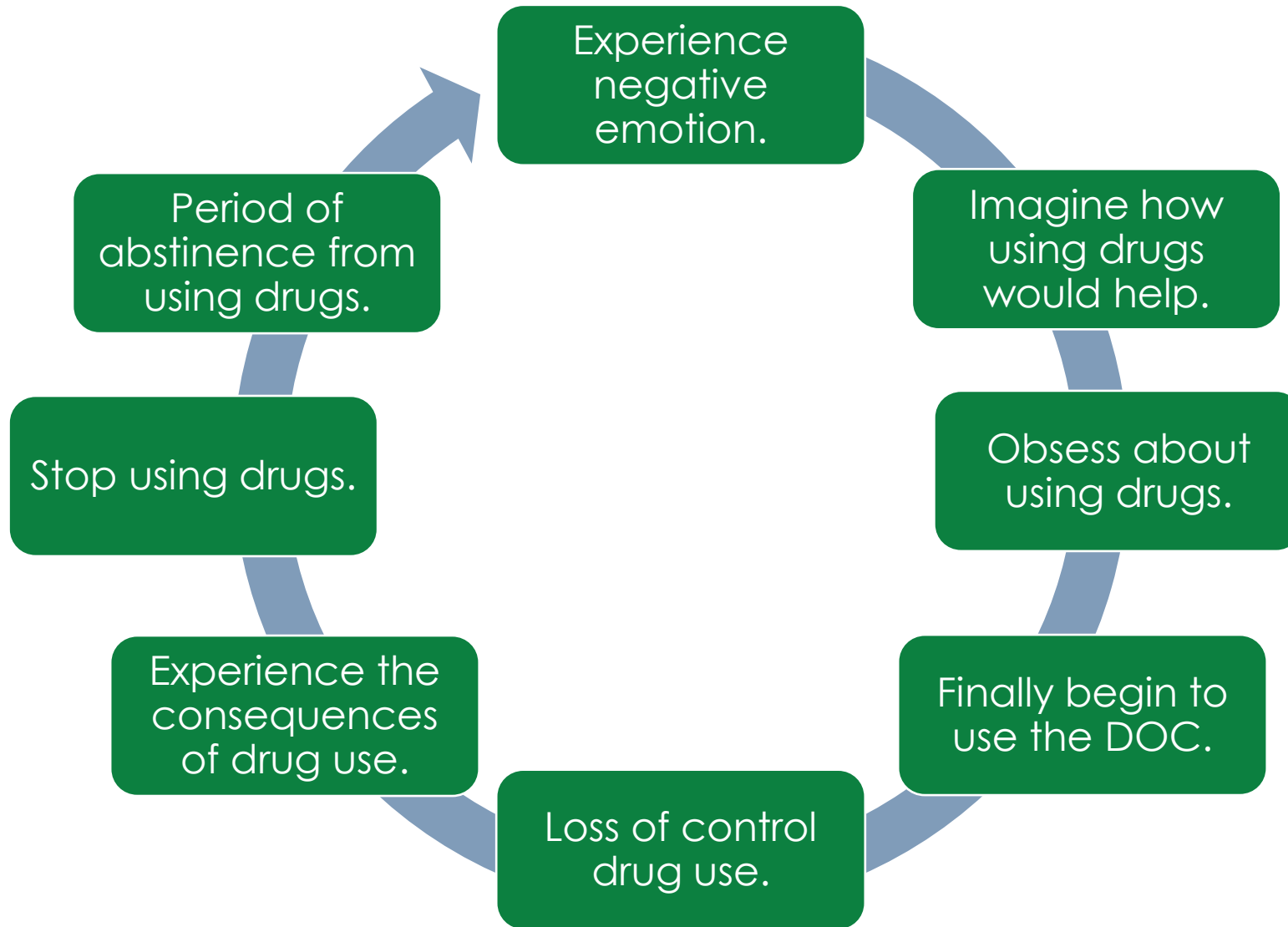
University of Rochester: University Counseling Center. [*The Student Suspected of Substance Abuse/Addiction.*](#)

Signs Clients May Need More Support (2)

- Needing to use to relax or have a good time.
- Mood changes, such as depression, irritable, or angry.
- Physical or mental problems, pinpoint eyes, nodding off, poor concentration, memory loss.
- Withdrawal symptoms (headaches, cravings, depression, body aches, fatigue)
- Continuous use of substances despite negative consequences.
- Legal troubles, accidents, DUI's

University of Rochester: University Counseling Center. [The Student Suspected of Substance Abuse/Addiction.](#)

Psychological Effects of OUD



Medications for Addiction Treatment Program Benefits

Utilizing methadone or buprenorphine treatment

- ✓ Reduces withdrawal symptoms and control cravings
- ✓ Minimizes the potential for relapse
- ✓ Stabilizes patients early in recovery
- ✓ Allows patients to maintain commitments and relationships
- ✓ Reduces disease exposure and other health risk factors
- ✓ Decreases patient's involvement in dangerous or illegal activities
- ✓ Does not create the "high" of illicit drugs when medically-supervised and administered at a proper dose

Treatment Plans in OTPs

Medication-assisted treatment (MAT) at both **BAART Programs** and **MedMark Treatment Centers** utilizes **medication and substance use counseling** to provide a comprehensive treatment plan for each patient we serve.

Treatment Services include:

- ✓ Methadone or Buprenorphine Maintenance
- ✓ Individual Substance Use Counseling
- ✓ Group & Family Counseling*
- ✓ Coordinated Pregnancy Treatment
- ✓ Case Management
- ✓ Addiction Education
- ✓ Overdose & Relapse Prevention
- ✓ Referrals to Community Resources
- ✓ Discharge Planning & Support
- ✓ Guest Medication Services

Trauma-Informed Care /Counseling/ ACEs

Benefits of counseling include:

- Change thoughts and behavior toward opioids
- Learn new coping mechanisms
- Work on healing and rebuilding relationships
- Develop the skills to handle triggers and prevent relapse



Why is Trauma-Informed Care Important?

Adverse Childhood Experiences (ACEs) have been demonstrated to “cause some of the most harmful, persistent and expensive health challenges facing our nation.”*

- Each ACE increases SUD by 20%
- Each ACE increases risk of relapse by 17%**
- Each visit to a clinic that practices trauma-informed care **reduces the relapse rate by 2%****

*www.aceaware.org

**www.acesconnection.com

Our Patients



University of California Los Angeles
Integrated Substance Abuse Programs

“The staff is wonderful and provide a very helpful foundation for my recovery. Thank you!”

– *BAART Patient*

“My life has improved 100% since I got into this program. Thank you for giving me my life back.”

– *MedMark Patient*



Now Accepting Medicare Part B & Anthem Blue Cross of California

On-Demand Course Catalog

Our Full Course Catalog includes training on a variety of topics. *Courses that offer CE/CME are noted.*

SCAN FOR THE FULL COURSE CATALOG

