

# Breakout Room Activity

August 9, 2023 - 10:00am-12:00pm

Bay Area Region

*Please record your notes on your breakout room slide.*





Caught & Taught

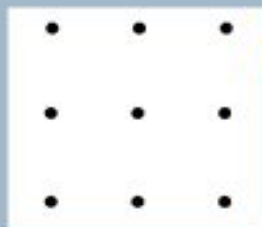
Continuum of Opportunities



Concrete & Specific



# 7 C's



Creative/Outside the Box

Collaborative & Inclusive



# Breakout Room 1

- **Which of the 7 C's of Family Engagement are you using in your program?**
  - *Competency based - concrete and specific - tx planning including highlighting strengths and attainable goals.*
  - *Would like to implement more collaborative and inclusive - big on harm reduction and meeting PT where they're at. Make progress look more concrete and specific can help to raise awareness*
  - *Prenatal tx - solely used family based care - use a lot of outside of the box for tx. When things get overwhelming the first thing that goes is collaborative care because there isnt enough time*
    - *Competency based - building clinicians to be competent and increase supervision*
  - *Creative + competent based - work together*
- **Who else in your organization needs to be involved? (A person, a department, an outside agency?)**
  - *Staff from different cultures/backgrounds to serve pts/members*
  - *Systemic change how to view collaborative care, sponsors who engage w/ members in the field and slowly get them into the office/tx. Spouses who support member - can wait in parking lot*
- **What are 1-2 ways you would like to improve family engagement in your treatment program?**
  - *Increase support and supervision of staff/therapist*
  - *Look into activities/engagement where family members are welcomed*

# Breakout Room 2

- ***Which of the 7 C's of Family Engagement are you using in your program?***
  - We are growing in our culture, continuum of opportunities, and collaborative and inclusive.
    - Concrete and specific, we have family support groups so that when someone is in residential care the family is oriented to the program rules, and how it may relate to their loved ones in the program.
  - We just recently started including youth in our program, we're collaborative and inclusive in terms of reaching out to the community and bringing in resources out of our scope of practice. It is a great way to bring awareness to MAT.
  - AVP (Alternative Violence Program) - Breaking down barriers and stigma while engaging the youth through groups, promote helping the community, and training the youth to facilitate their own groups.
- ***Who else in your organization needs to be involved? (A person, a department, an outside agency?)***
  - Our children's behavioral health departments.
  - Our new CPO has a lot of experience treating youth with SUDs. We'd also like to meet with our school districts.
- ***What are 1-2 ways you would like to improve family engagement in your treatment program?***
  - I would like to open more spanish-speaking groups and family groups.
  - I think the culture of it is making sure we incorporate whoever the patient's natural support is. (i.e. Family, friends, etc.) Inviting them to be part of the individualized care could be pivotal.
  - We also use Google Surveys to get feedback from families on what does or doesn't work for them.

# Breakout Room 3 - Emily & Christian

- **Which of the 7 C's of Family Engagement are you using in your program?**
  - Creative and outside the box thinking - creative outreach strategies and provide opportunities to involve families
  - Concrete and specific - treatment plans, SMART goals; staff and client know what's doable and measurable
  - Continuous culture - keeping Mexican culture alive given 80% of their clients are Mexican-American and Spanish-speaking; Spanish language materials and interactions
  - Competency based ^
  - Collaborative and inclusive
- **Who else in your organization needs to be involved? (A person, a department, an outside agency?)**
  - Outside organizations - court system, social services
  - Collaborate with local advocacy organizations to help reach and provide services to their local population of unhoused people
  - Families of choice vs families of birth
- **What are 1-2 ways you would like to improve family engagement in your treatment program?**
  - Would like to hold a support group for their clients' families
    - Psychoeducation
  - Family day

# Breakout Room 4

- ***Which of the [7 C's of Family Engagement](#) are you using in your program?***

Creative- outside the box. Promoting family engagement. Having parents provide rewards with goals related to the program.

- ***How are you including the voices of family in your assessment and planning?***

When doing intakes - whoever is supportive of patient (blood related or not) they are included in care.

There are some barriers such as HIPAA but they are asking patients if they want someone involved in their care and then taking necessary steps to include them.

- ***What are 1-2 ways you would like to improve family engagement in your treatment program?***

Include family therapy. Make services more in house.

Peer advisory council with adolescent voices to help guide policies.

Educating family on client success to improve family engagement.

# Breakout Room 5

- ***Which of the [7 C's of Family Engagement](#) are you using in your program?***

Families not typically major part, so thinking about starting family support group, make sure staff trained appropriately when pts want family engaged. Thinking outside the box - collaborative, inclusive,

When case management is not working as well, bring family in. Often overlooked in outpatient. Educate family to reduce stigma and pts feel more supported.

HIPAA considerations, and attentive to pt wants/needs for fam to be involved. Need more strategies for engagement. Full disclosure.

- ***How are you including the voices of family in your assessment and planning?***

Site does not typically do this. For patients still in teens, yes, but generally not for adults.

Depends on case, worked with a parent to engage patient in treatment. Mother helped with scheduling, other supports

More family involvement to get info on context. You can hear from family without violating HIPAA.

Cautious because some family members can be toxic and undermining

- ***What are 1-2 ways you would like to improve family engagement in your treatment program?***

Starting family support group

Family education group on MAT

Do better to get releases from family to best meet client needs