WPSI Sustainable Reimbursement of MAT Webinar Series

Selected Resources from September 17, 2020, Webinar

Peer Recovery Services Information & Resources

<u>Association of Recovery Community Organizations</u> – ARCO offers voluntary membership to Recovery Community Organizations. It is hosted by Faces & Voices of Recovery on their website. Although ARCO claims more than 140 member organizations across the country, there are many other peer-led agencies that offer peer recovery specialist training, supervision and services (that may be Medicaid reimbursable).

Council on Accreditation of Peer Recovery Support Services (CAPRSS) Accreditation Manual – (2014) CAPRSS accredits programs with an addiction recovery focus, rather than credentialling individuals. It supports the development of peer-led agencies and their role in defining & delivering peer recovery support services and training/supervising the workforce.

Recovery Support for People in MAR: The Context (2018) William White, former Sr. Research Consultant at Chestnut Health Systems, has long been considered one of the most important thought leaders in the recovery movement. Link takes you to his website and a 2-part blog on the importance of peer support resources for people in medication-assisted recovery (MAR) and on increasing access to medication-friendly mutual aid meetings and other making supports available through RCOs.

<u>Decisions in Recovery: Treatment for Opioid Use Disorder</u> (2016) This printable handbook was created as part of the SAMHSA Bringing Recovery Support Services to Scale initiative to support shared decision-making among people considering medication for treatment of opioid problems. It included exercises, worksheet and information that takes people through decision about whether medication is right for them, which medication, and how to begin MAR.

NPCS guidelines: Credential standards and requirements table (2019) The Florida Certification Board (FCB), in partnership with Mental Health America (MHA), offer a National Certified Peer Specialist (NCPS) credential for mental health peer specialists. The guidelines walk individuals through certification requirements and the steps to become certified to work in both private and public settings.

<u>Center On Integrated Health Care & Self-Directed Recovery</u> This is a University of Illinois at Chicago policy & practice research center on self-directed care, integrated health and mental health services, co-occurring disability and medical conditions, supported employment, and systems reform. It includes information and evaluation of a range of self-directed initiatives focused primarily on mental health, but includes research on self-directed & peer-led approaches for chronic medical condition. Also offers: <u>A National Overview of Peer Support Training & Certification Programs.</u>

<u>Link to text of Peer Support Specialist Certification Act of 2020 (CA Senate Bill 803)</u> This bill seems on its way to being signed into law by the Governor. It will create single, uniform PSP certification and standards across California applicable to both mental health & addiction recovery.

Medication-Assisted Recovery Resources

NA & Use of Pharmacotherapeutics in Tx of Opioid Addiction (2011) A publication by William White for the Great Lakes Addiction Technology Transfer Center examining attitudes and the traditional response to use of medications for recovery from opioid through the lens of the Narcotics Anonymous fellowship since its inception in 1953. Also, available is his 2019 follow up essay: Further Reflections on Addiction Treatment Medications and a massive collection of his other works.

<u>National Alliance for Medication Assisted Recovery website</u> NAMA is the oldest advocacy organization, originally founded by and for people in methadone-assisted recovery, now for people who use or used any opioid agonist therapy to maintain recovery. NAMA has a strong advocacy orientation, certifies MAT advocates, and posts updated policy-related information such as their recent letter objecting to the loosening of CFR 42 part 2 confidentiality protections.

<u>National Alliance of Advocates for Buprenorphine Treatment</u> NAABT website dedicated to advocating, supporting & educating professionals and patients. It offers buprenorphine prescriber/patient matching and an up-to-date national registry of prescribers/treatment providers. It also offers online support communities.

SMART Recovery MAT/OAT Recovery Medication-assisted treatment landing page for SMART Recovery, a self-direct recovery approach offering meetings and tools based on CBT principles. "SMART Recovery supports the scientifically informed use of psychological treatment and legally prescribed psychiatric and addiction medication." Includes links, articles, podcasts & the MAT/OAT Behavioral Support Program which helps medical professionals/providers start SMART Recovery meetings to satisfy behavioral care requirements.

MAR Anonymous Medication Assisted Recovery Anonymous website offers online meeting and a directory of in-person meetings in all 50 states. "Medication-Assisted Recovery Anonymous is a support group of people who believe in the value of medication as a means to recovery. We understand that our individual needs may not be the same; our backgrounds may not be the same; our futures may not be the same. However, our desire to live a safe lifestyle joins us together."

<u>Recovery Research Institute</u> Recovery Research Institute is a leading nonprofit research institute of Massachusetts General Hospital, an affiliate of Harvard Medical School, dedicated to the advancement of addiction treatment and recovery. The board includes several pioneers in addiction recovery peer support and services and offers research and evaluation data on peer recovery support and services.