

Getting Paid: Peer Support Services

SUSTAINABLE REIMBURSEMENT OF MEDICATIONS FOR ADDICTION TREATMENT (MAT) WEBINAR SERIES



Pacific Southwest
ATTC
(HHS Region 9)

California Hub and Spoke System:
Opioid Use Disorder-MAT Expansion Project



MAT
WAIVERED PRESCRIBER
SUPPORT INITIATIVE



Today's Presenter



Niki Miller, MS, CPS
Senior Research Associate, AHP

Learning Objectives:

At the end of the webinar, participants will be able to:

1. Name at least 2 unique types of support peers offer that professionals generally cannot.
2. Describe differences in lived experience among the following types of peer support specialists: mental health, medication assisted & COD recovery.
3. Identify at least 2 reimbursement issues to consider when integrating peer recovery support services specifically for clients recovering from OUD.

Consider the following...

What qualifications are important for an addiction peer recovery workforce?

What specific skills/competencies does your agency or practice require...

- Extent of shared lived experience with client base?
- Length of time in continuous stable recovery?
- Ability to support all recovery pathways?

Recovery Support Distinctions

- Non-remunerative peer recovery support
- Non-remunerative, non-peer recovery support
- Paid/subsidized peer recovery support services
- Paid/subsidized non-peer recovery supports



Audience Poll

Peer Recovery Support Services

Please select the answer that best describes your level of experience & knowledge

- a. Limited experience with service delivery & program design
- b. Some service delivery/program design experience; no theoretical grounding
- c. Lots of service delivery/program design experience & sound theoretical grounding
- d. Theoretical & service design/delivery knowledge but limited practical experience

Origins of Peer Support Services

Mental health peer support services (1st paid positions)

- Psychiatric survivor movement: reactive
- Response to an oppressive treatment system
- Relationship to treatment systems sometimes adversarial

Addiction peer support services

- Peer support pioneered first effective recovery pathways
- Emulated early in the evolution of professional treatment services
- Long history of close cooperation with treatment
- Maybe some enmeshment?

Daniels, A. S., Tunner, T. P., Powell, I., Fricks, L., Ashenden, P., (2015) Pillars of Peer Support – VI: Peer Specialist Supervision; White, W. (1996) Slaying the Dragon: [The History of Addiction Treatment and Recovery in America](#), Chestnut Health Systems

SAMHSA: RCOs & Recovery Support Services

Recovery Community Services Program (RCSP)

- 1998 – 2001 grantees tasked with community organizing & advocacy
- In 2002 added requirement grantees provide recovery support services

Access to Recovery (ATR)

- 2005—vouchers enhanced consumer choice of recovery pathways

Bringing Recovery Supports Technical Assistance Center Strategy (BRS-TACS)

- 2011—promotes recovery-oriented systems of care / supports PRSS capacity expansion

White, W. (2007) Recovery community services program (RCSP) Center for Substance Abuse Treatment (CSAT) Substance Abuse and Mental Health Services Administration (SAMHSA) ; NAADAC, the Association for Addiction Professionals (2020) Issue brief: Access to Recovery available at: <https://www.naadac.org/issue-brief-access-to-recovery>; SAMHSA (2020) About BRSS TACS. Available at: <https://www.samhsa.gov/brss-tacs/about>

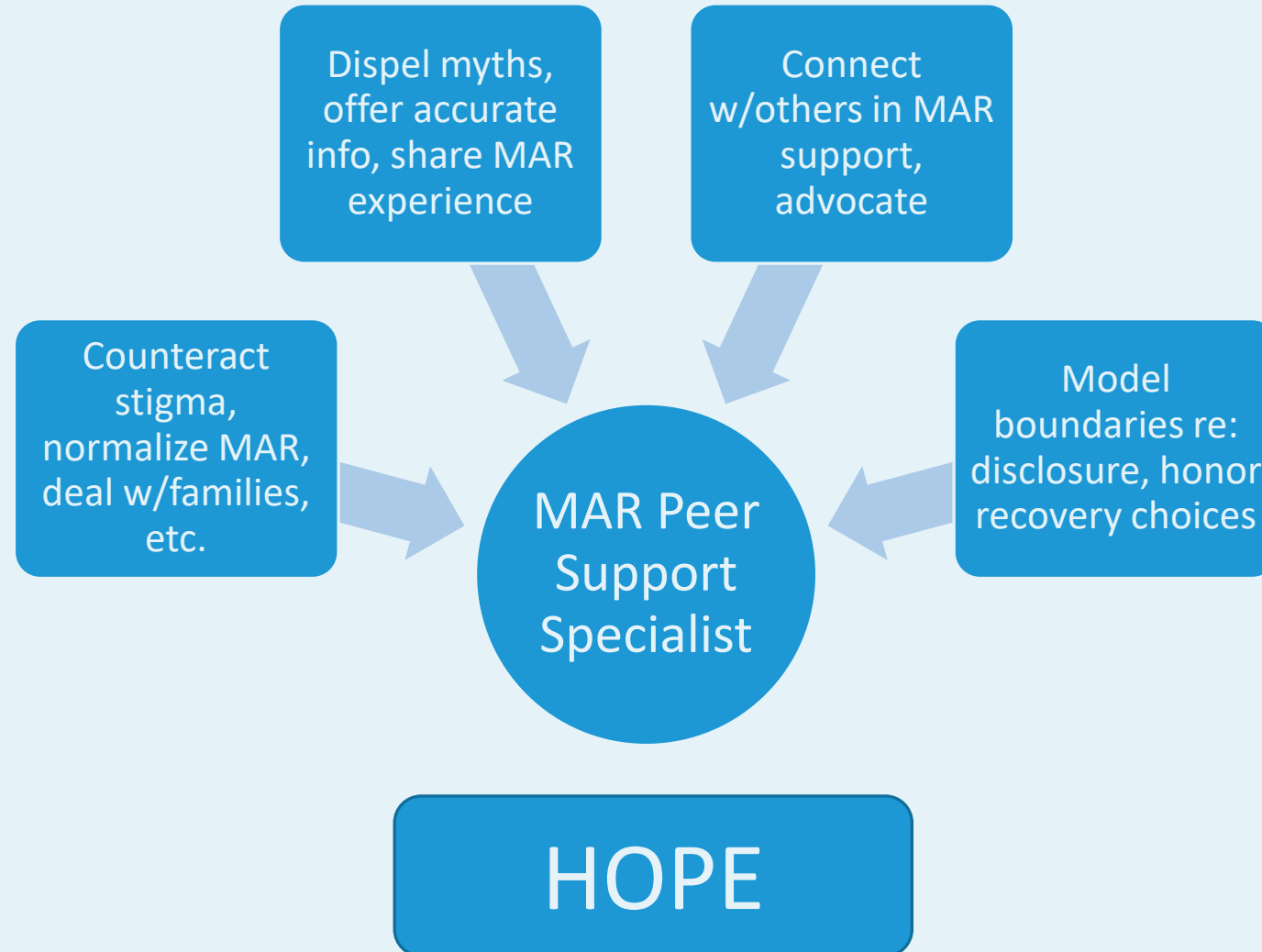
Basic Categories of Recovery Support Services

Type	Description
Informational	provision of health and wellness information, educational assistance, and help in acquiring new skills, ranging from life skills to employment readiness and citizenship restoration (e.g., voting rights, driver's license).
Emotional	demonstrations of empathy, caring, and concern in such activities as peer mentoring and recovery coaching, as well as recovery support groups
Instrumental	concrete assistance in task accomplishment, especially with stressful tasks (e.g., filling out applications, obtaining benefits), or providing supports such as child-care, transportation to support group meetings, and clothing closets
Affiliational	opportunity to establish positive social connections with others in recovery to learn social and recreational skills in an alcohol- and drug-free environment

Specialized Peer Recovery Services

- Co-occurring peer recovery support
- Forensic peer recovery support
- Peer recovery support for pregnant & parenting women
- Distance recovery support (online/phone/telehealth)
- Community recovery support services (drop-in centers & RCOs)
- OUD peer recovery support
- Medication-assisted peer recovery support

Peer Recovery Support: Crucial for clients w/OUD



Medicaid Requirements

Medicaid reimbursement (46 states reimburse peer support services)

- Under 1115 & Community Behavioral Health Waivers
- Health Home programs
- State plan rehabilitative services option
- Requires appropriate training & fulfillment of state certification requirements
- Requires supervision by a mental health professional

Other funding & supervision structures

- Grant funded
- Subcontracting with RCO's
- Additional/alternate supervision options

Center for Medicaid and State Operations (August 15, 2007) Letter to State Medicaid Directors SMDL #07-011; Kaiser Family Foundation (2018) State Health Facts: Medicaid Behavioral Health Services: Peer Support Services

Certification

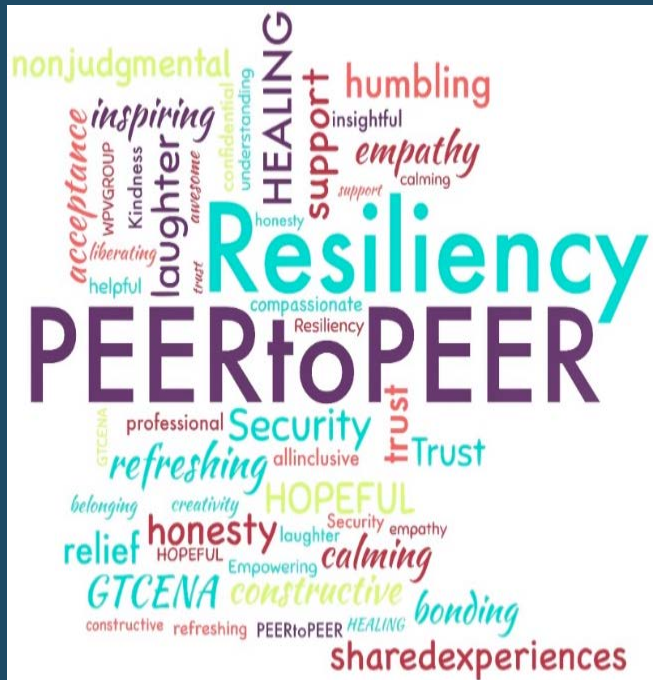
Statewide standards & certification processes in 48 states & DC

Medicaid reimburses in 46 states & DC

- **Terms:** 23 different titles – recovery coach, peer recovery specialist
- **Education:** most require high school diploma or GED at minimum
- **Tests:** 41 certification entities require an exam (ICRC exam in most cases)
- **Time:** 4 states-one year in recovery; 8 states-two years; very few require longer
- **Training:** 17 states: 21-40 hours; 16 states: 41-60 hours; 9 states: 61+ hours

Mental Health America (2019) [NPCS guidelines: Credential standards and requirements table](#); [NPCS Training Self-Assessment Checklist and Test Preparation](#);
Center on Integrated Health Care & Self-directed Recovery (2018) [A National Overview of Peer Support Training & Certification Programs](#)

Status of Certified Peer Recovery Specialists in CA



Peer Support Specialist Certification Act of 2020 (SB 803)

Enrolled and presented to the Governor at 3pm - 9/10

Passed Assembly with amendments - 8/31

Senate amended pending Assembly concurrence - 8/31

Passed and ordered to the Senate – 8/31

By July 1, 2022 DCHS shall establish statewide requirements for counties, or an agency representing counties, to use in developing certification programs for the certification of peer support specialists.

[Link to text of bill](#)

Audience Poll:

Share your experiences...the good, the bad & the beautiful

- a) Do not currently offer PRS services, but open to the idea
- b) Have concerns, experiences & perceptions re: the downside of PRSS
- c) PRSs are essential staff members; interested in maximizing their roles
- d) PRS services have been challenging; information & support might help
- e) Eager to develop PRS for culturally diverse clients & to support MAR

Maximizing CPRS Services across the Continuum of Care

Pre-treatment

- ◆ Patient education
- ◆ Transportation
- ◆ Appointments/reminders
- ◆ Prep for visits

Induction

- ◆ Check-ins
- ◆ Med questions
- ◆ Motivate
- ◆ Reminders/prep

Maintenance

- ◆ Recovery planning
- ◆ Support/motivation
- ◆ Med changes
- ◆ Link to community & services

Post-treatment

- ◆ Relapse/OD prevention
- ◆ Advanced recovery resources
- ◆ Goal achievement
- ◆ Decisions & revisions

Innovative Programs/ Healthcare Integration

- **Transitions Clinic** – San Francisco, New Haven, Boston
- **ED Buprenorphine Initiative** – U. of Maryland Medical Center
- **CCAR Phone Re-entry Recovery Coaches** – Connecticut
- **The RISE Project** – OBOT Recovery Coaching, PA
- **New Mexico DOC** – ECHO Peer Health Educators
- **Moms Do Care** – Massachusetts



Ethical Issues

- Two-hatters: professional who also identifies as recovering
- Disclosure & boundaries
- PRSS emerge from the needs of the recovery community
- Giving it away vs selling it
- Organizational support & ongoing training
- Do peer recovery specialists grow up to be counselors?
- Change at the speed of light...

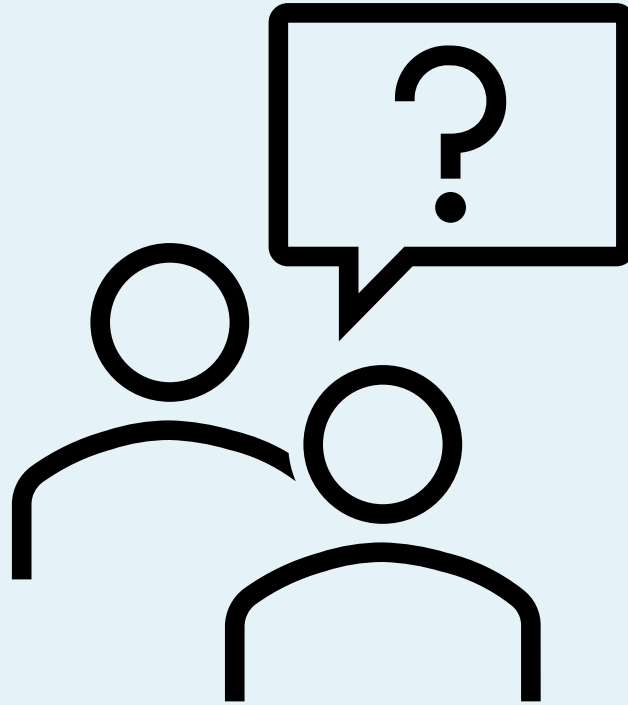
Peer Recovery Services Information & Resources

- [Association of Recovery Community Organizations](#) – 140 RCOs across 36 states, DC & Guam
- [Developing an Accreditation System for Organizations & Programs Providing PRS Services](#)
- [Expanding Access to Recovery: Sustaining National PRS Services Infrastructure](#) 12/2019 webinar
- [Council on Accreditation of Peer Recovery Support Services \(CAPRSS\) Accreditation Manual](#)
- [Recovery Support for People in MAR: The Context](#) (William White, 4/2018)
- [Decisions in Recovery: Treatment for Opioid Use Disorder](#) (SAMHSA)

Medication-Assisted Recovery Resources

- [NA & Use of Pharmacotherapeutics in Tx of Opioid Addiction](#) (William White, 2011)
- [Further Reflections on Addiction Treatment Medications](#) (W.W., 2019)
- [National Alliance for Medication Assisted Recovery website](#)
- [National Alliance of Advocates for Buprenorphine Treatment](#)
- [SMART Recovery MAT/OAT Recovery](#)
- [MAR Anonymous](#)
- [Recovery Research Institute](#)
- [Slaying the Dragon: The History of Addiction Treatment & Recovery in America](#)


Questions



Up Next

Deeper Dive: Office Hours

- Thursday, September 24, from Noon – 2:00pm PDT
- To participate in Deeper Dive Office Hours, complete and submit the form (downloadable with today's slides). OR call in to the OPEN HOUR from 12:00-1:00pm PDT.
- Form will also be sent with the evaluation following this webinar.



DEEPER DIVE OFFICE HOURS
Appointment Scheduling
September 24, 2020 noon – 2pm PDT
Appointments available from 12-12:20; 12:25-12:45; 12:50-1:10; 1:15-1:35; 1:40-2:00.
More will be scheduled as needed.

Name:
Title/Job:
Agency:
County:
Email:
Phone:
Preferred time (see above options):

QUESTIONS to be addressed with consultant:

In addition to scheduled individual consultations, we will also host **OPEN DOOR Office Hours from 12:00-1:00pm PDT** with one of our experts. This discussion is open to all, *no appointment necessary*. However, please be mindful that the number of participants may limit our ability to fully address all questions.
The Open Door Call-in number is (877) 746-4263 and Dial-in Code: 2042891#

Please submit this form to Natalie Lawson at nlawson@ahpnet.com

MAT WAIVERED PRESCRIBER SUPPORT INITIATIVE



Could you benefit from physician consultation to provide Medications for Addiction Treatment (MAT)?

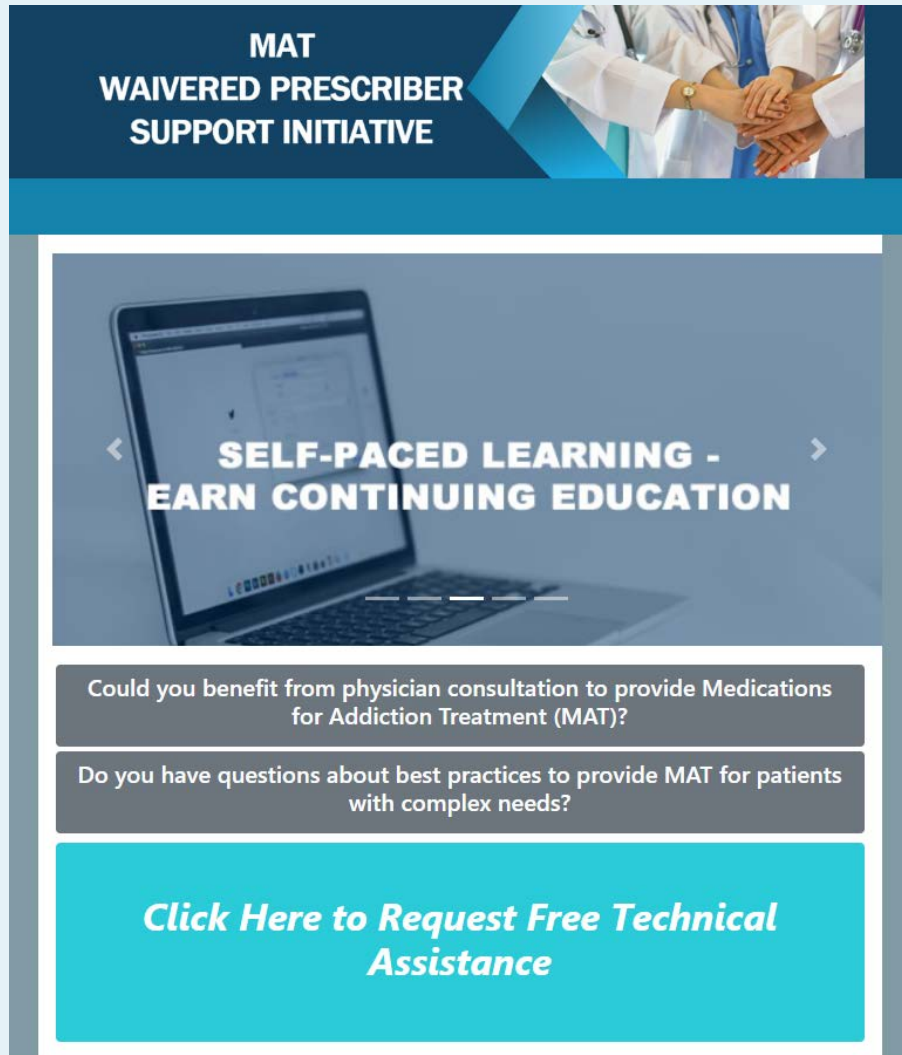
Are you seeking additional resources to help patients struggling with opioid use?

Do you have questions about best practices to provide MAT for patients with complex needs?

***Request Free
Technical Assistance
TODAY***

Make a request at www.uclaisap.org/MATPrescriberSupport/

Additional Learning Opportunities



**MAT
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SUPPORT INITIATIVE**

**SELF-PACED LEARNING -
EARN CONTINUING EDUCATION**

Could you benefit from physician consultation to provide Medications for Addiction Treatment (MAT)?

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Click Here to Request Free Technical Assistance

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PSATTC Post-Event Feedback

9/18/2020

Getting Paid: Management of Medi-Cal Reimbursable Recovery Support Services
(AHP Financing Series, Webinar #5)

[Post Event GPRA](#)

If the link above does not work, copy this the text below and paste into your browser's address bar, or scan the QR code with a smart device

https://www.isapdmc.org/attc?MeetingType=X&supass=51JG*J*aT&EventCode=4222091820&FU=0

