

# MAT ECHO® Clinic

## Working with Emergency Departments to Provide MAT

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California Bridge Program, Director for California Rural Bridge

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University of California Los Angeles  
Integrated Substance Abuse Programs

# Disclosures

There are no relevant financial relationships with ACCME-defined commercial interests for anyone who was in control of the content of this activity.



# ADDICTION IS NOT A MORAL FAILING.

It is a chronic disease that  
requires medical treatment.



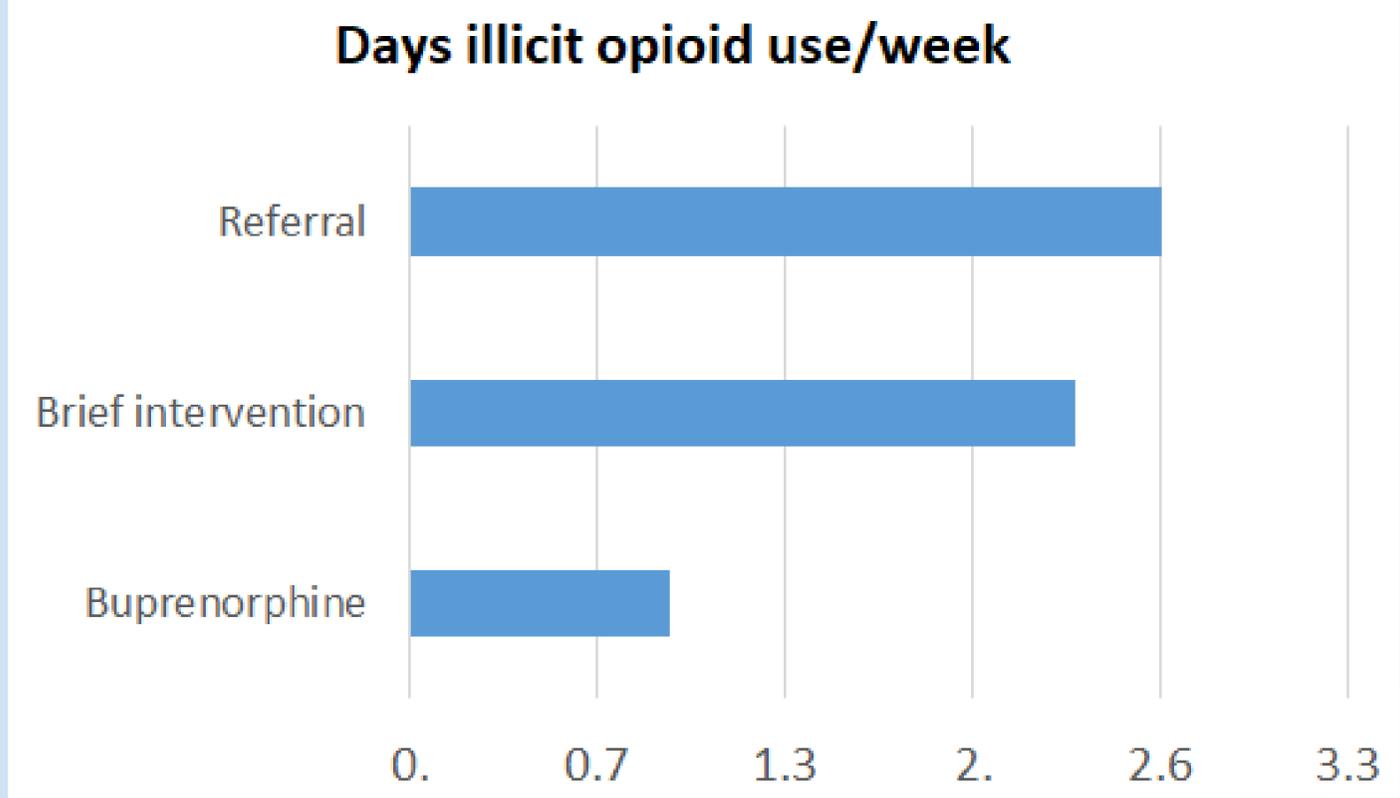
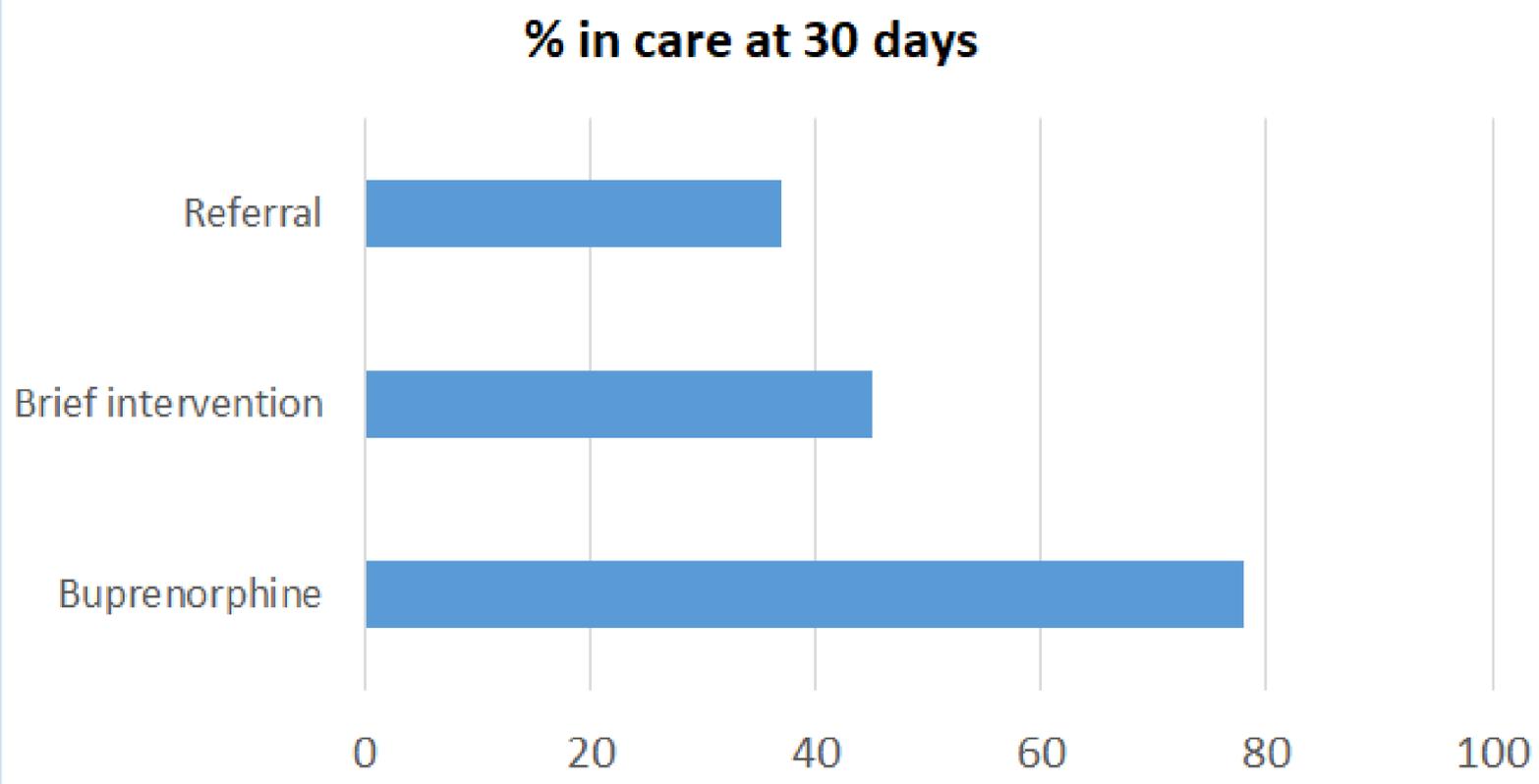
# Why start in the ED?

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- Treating withdrawal as an emergency
- Frequent site of care for patients with OUD
- Often otherwise not engaged in care
- 24/7 access to care
- Treatment in the ED with BUP and referral **DOUBLES** the likelihood that a patients will be in treatment at 1 month



# ED Initiation of Buprenorphine



D'Onofrio et al. Emergency department-initiated buprenorphine/naloxone treatment for opioid dependence: a randomized clinical trial. JAMA. 2015 Apr 28;313(16):1636-44. doi: 10.1001/jama.2015.3474.



# CA BRIDGE

TREATMENT STARTS

**NOW!**

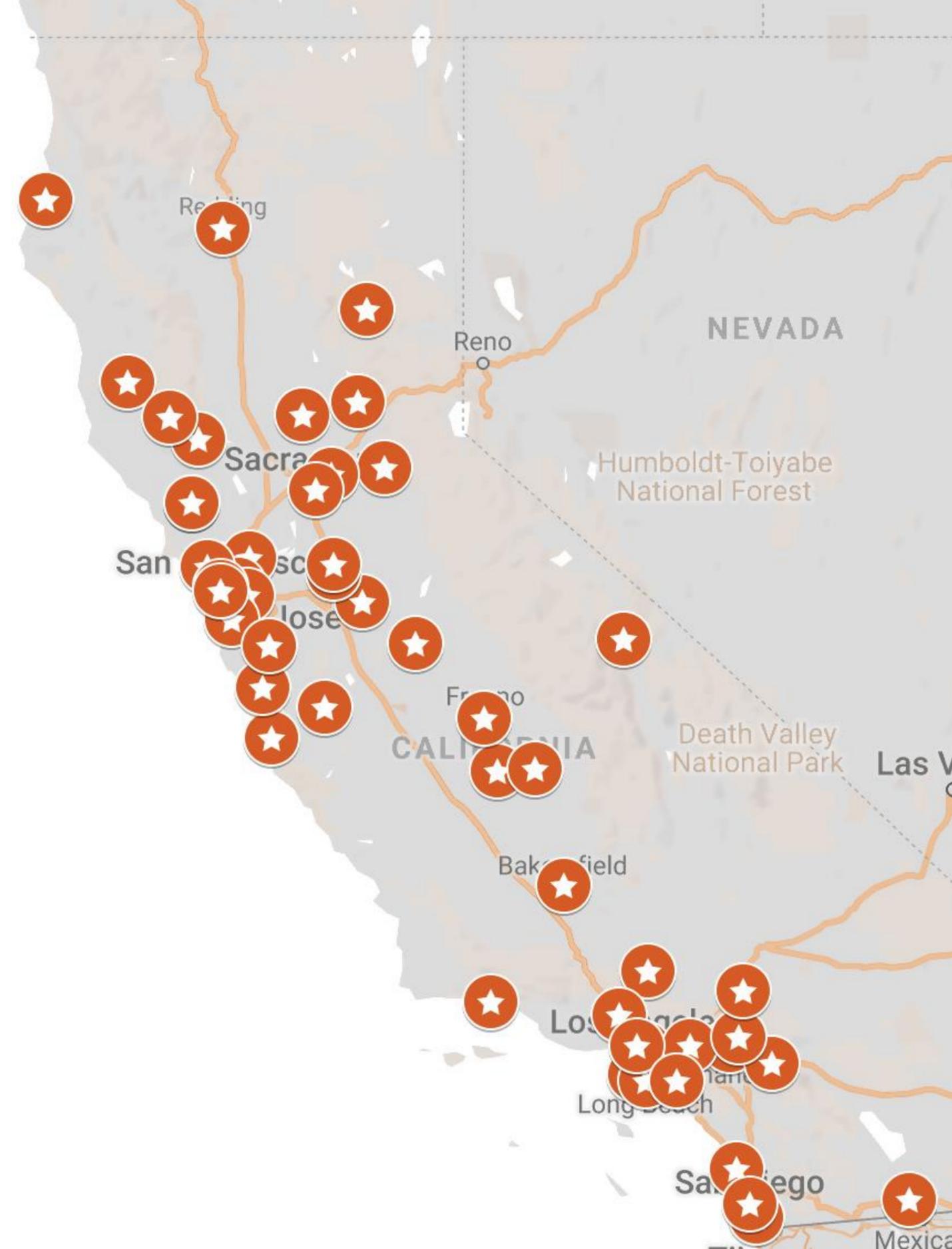


# California Bridge Program

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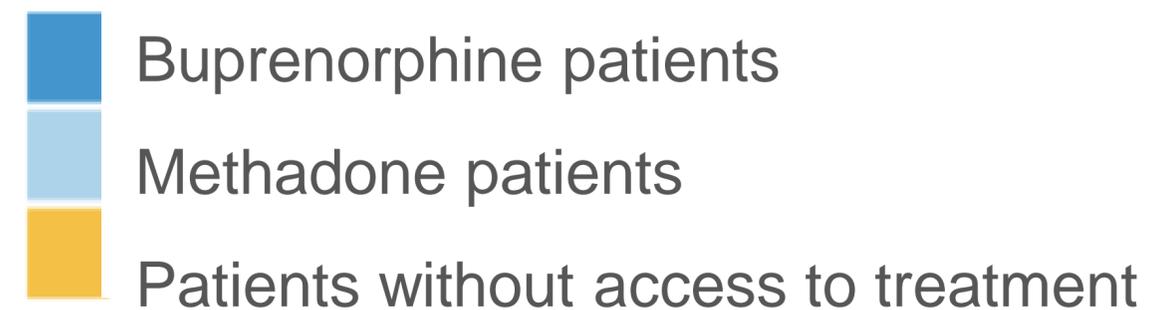
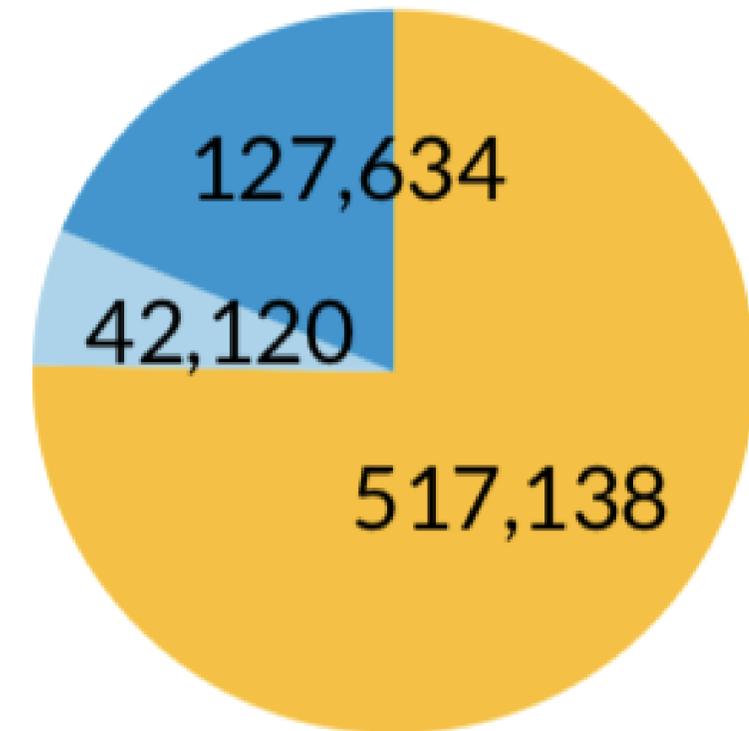
24/7 access to high quality treatment of substance use disorders in all California hospitals.

Now 50+ hospitals as access points for patients with substance use disorders.



# California in 2019

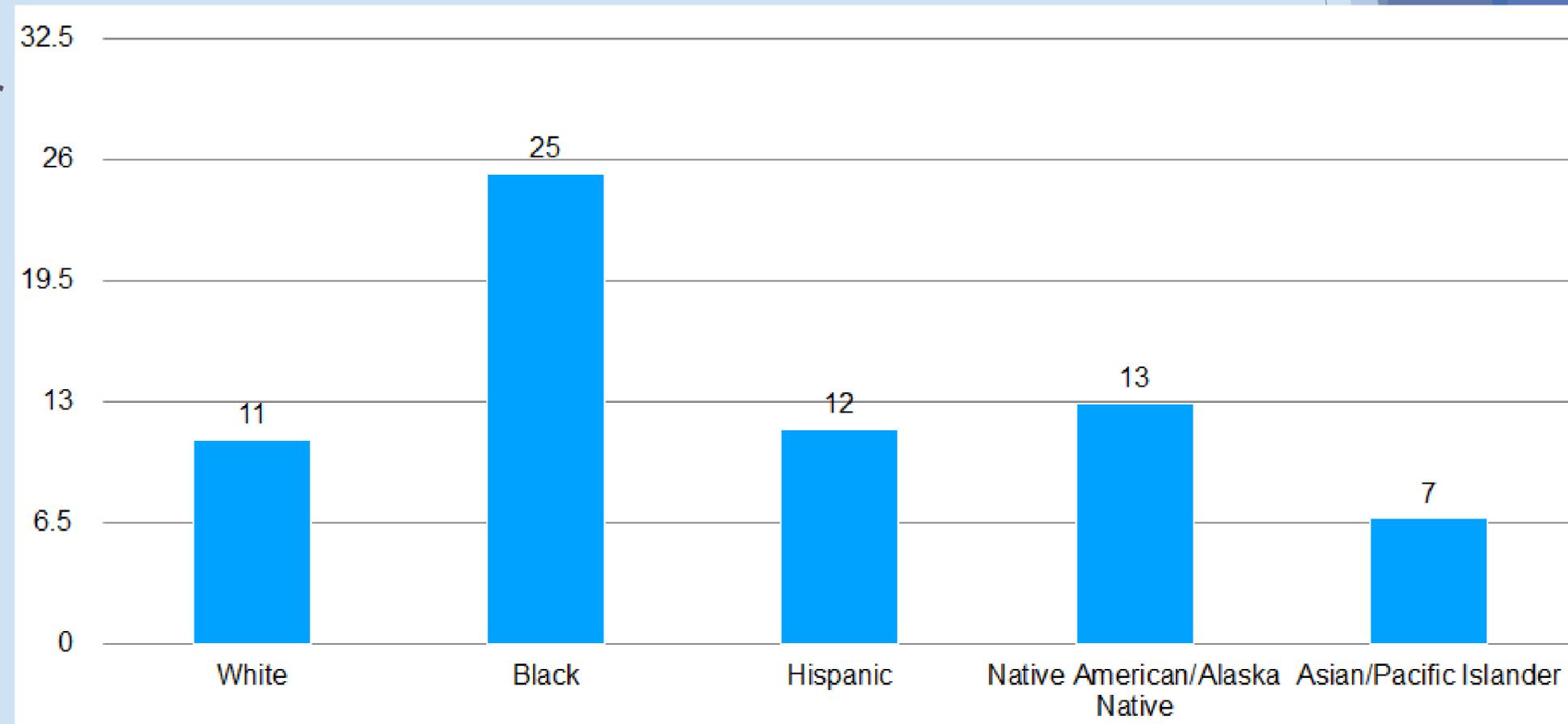
- 3.2% of all prescribers have a buprenorphine waiver
- 165 opioid treatment programs
- 2% of the population has an opioid use disorder (~687,000)



# Health Disparities

- Non-white minorities less likely to receive treatment (antidote therapy for acute overdose, prescription opioids, buprenorphine etc)
- Increasing rates of opioid mortality in non-white minority population

Percent rate of change for all opioid overdose deaths from 2016-2017



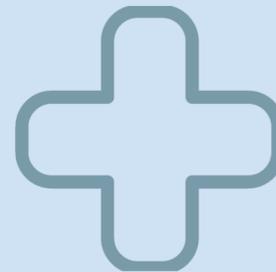
# Revolutionizing the system of care



Rapid, Evidence-based Treatment

24/7 MAT ACCESS ACROSS THE HOSPITAL

BUP OR METHADONE, WITHDRAWAL RELIEF AND LINKAGE



Culture of Respect

OFFERS TREATMENT THROUGH OUTREACH

MAT, NALOXONE IN HAND & RESPECT



Connection to Community & Care

CARE INVOLVES ACTIVE SUPPORT AND FOLLOW UP

CLINICS, HARM REDUCTION & OPEN DOOR



# CA Bridge Impact: March 2019 through March 2020



**8494**  
patients identified with  
OUD



**5653**  
patients provided with  
treatment



**3949**  
patients given a  
prescription for MAT



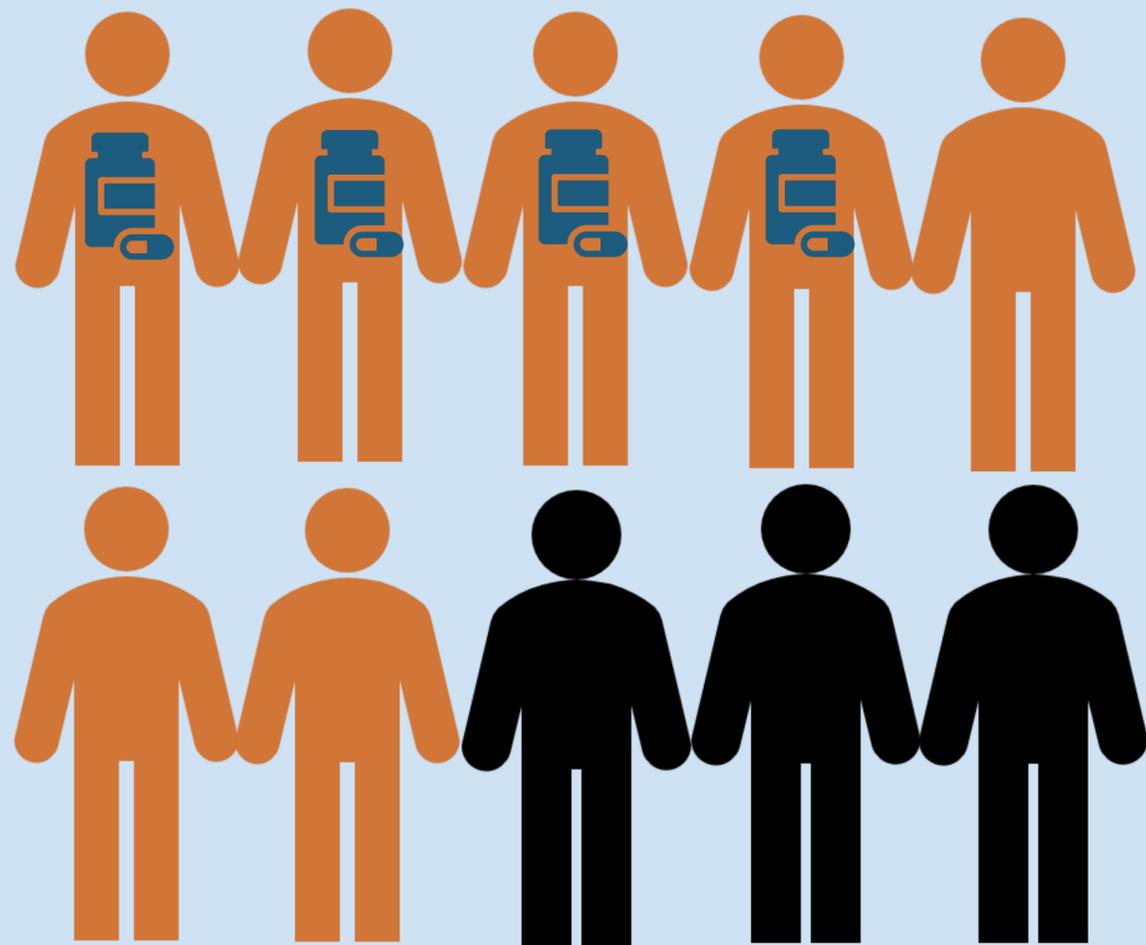
**3448**  
patients linked to  
follow-up MAT care

**OUD** Opioid Use Disorder  
**MAT** Medication for Addiction Treatment

Cumulative totals across all reporting CA Bridge sites (n = 41) as of March 30, 2020

# People want our help

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For every 10 patients with OUD

7 received treatment

4 engaged in follow-up MAT care



The emergency department at the Marshall Medical Center in Placerville, California, where patients with opioid addiction are started on treatment on the spot. | German Lopez/Vox



An emergency room at the Marshall Medical Center in Placerville, California. | German Lopez/Vox

## Marshall 2019 ED DATA:

- 119 patients with Opioid Use Disorder TREATED
- 97% Follow-Up Rate, CARES and STEPS
- 82% in treatment at 1 month
- 65% of all 2019 starts still in treatment as of February 2020

# Substance Use Navigator (SUN) Role

- Liaison, bridge, navigator, advocate, coordinator -> Many titles, one meaning:
  - With compassion and understanding, help the vulnerable population of people connect to the treatment they want, need, and deserve, while fostering a harm reduction approach, and ensuring access to life-saving naloxone.
- Know what resources are in your community
- Utilize motivational interviewing (SBIRT) and Educate
- Collect data
- Remain a support system on their recovery journey





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# MAT WAIVERED PRESCRIBER SUPPORT INITIATIVE



Could you benefit from physician consultation to provide Medications for Addiction Treatment (MAT)?

Are you seeking additional resources to help patients struggling with opioid use?

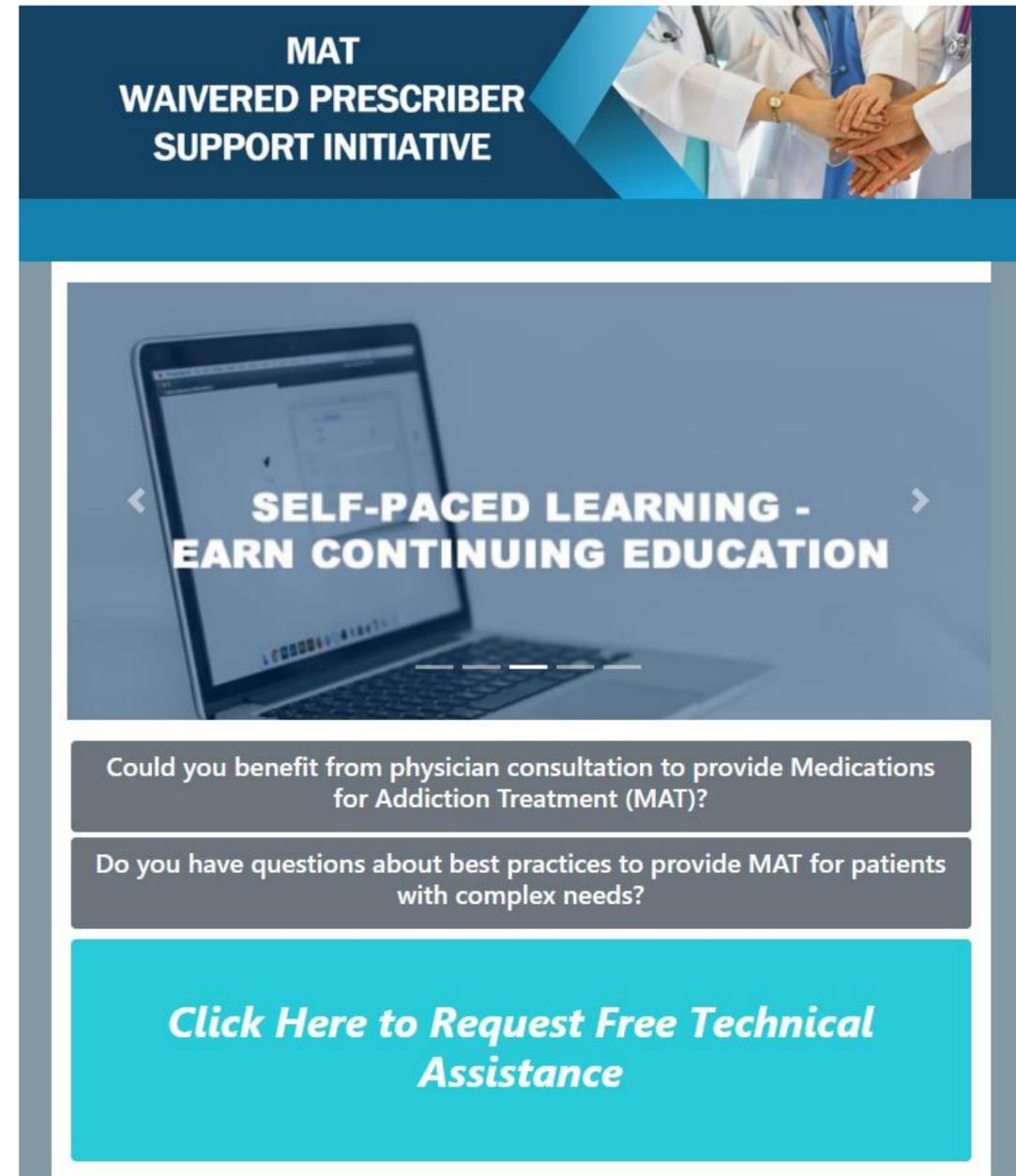
Do you have questions about best practices to provide MAT for patients with complex needs?

*Request Free  
Technical Assistance  
TODAY*

Make a request at [www.uclaisap.org/MATPrescriberSupport/](http://www.uclaisap.org/MATPrescriberSupport/)



# Additional Learning Opportunities



**MAT  
WAIVERED PRESCRIBER  
SUPPORT INITIATIVE**

**SELF-PACED LEARNING -  
EARN CONTINUING EDUCATION**

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