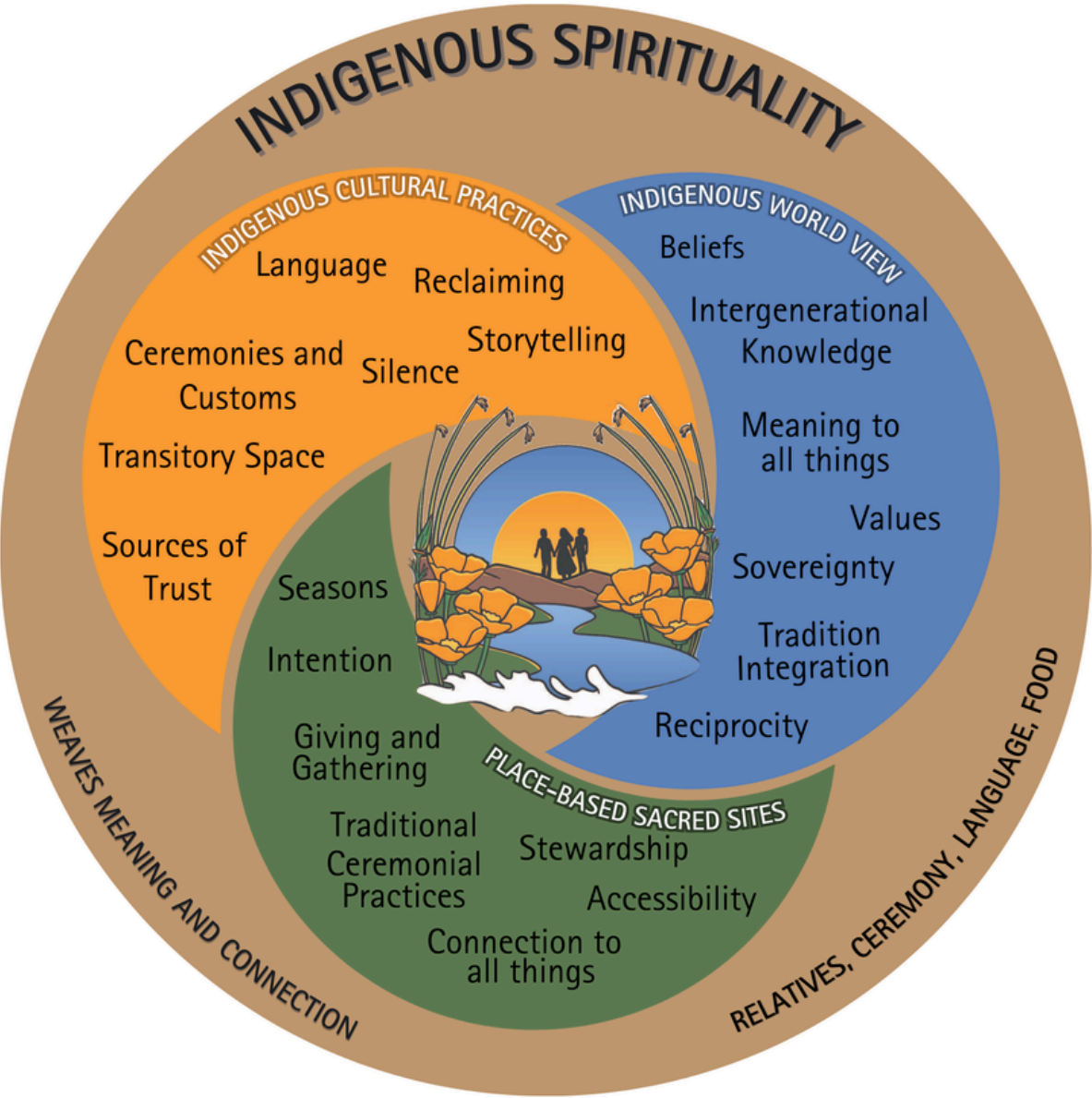


Cultural Guideposts of Health

Addressing Crisis in California Indian Country



Pathways to Healing

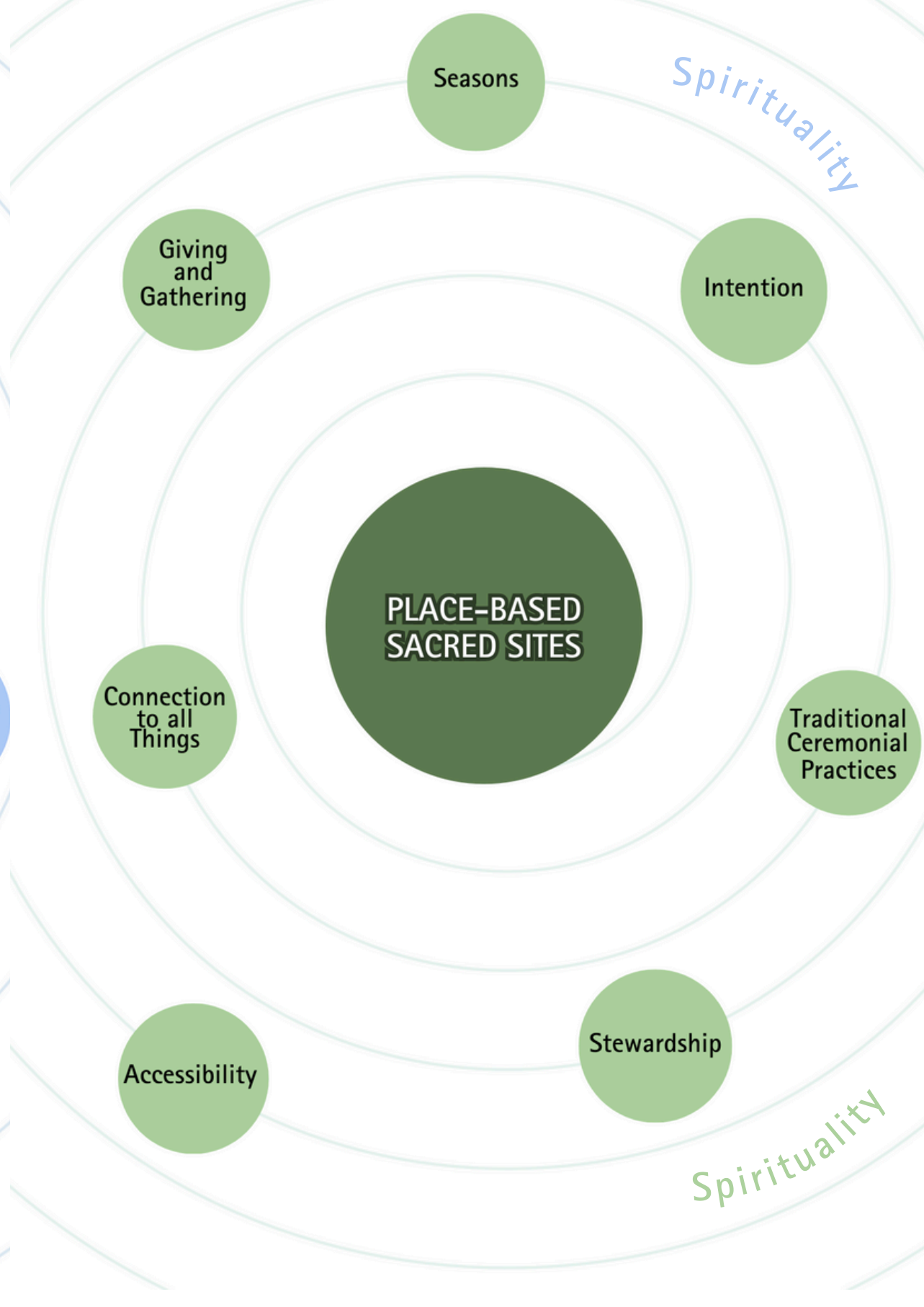
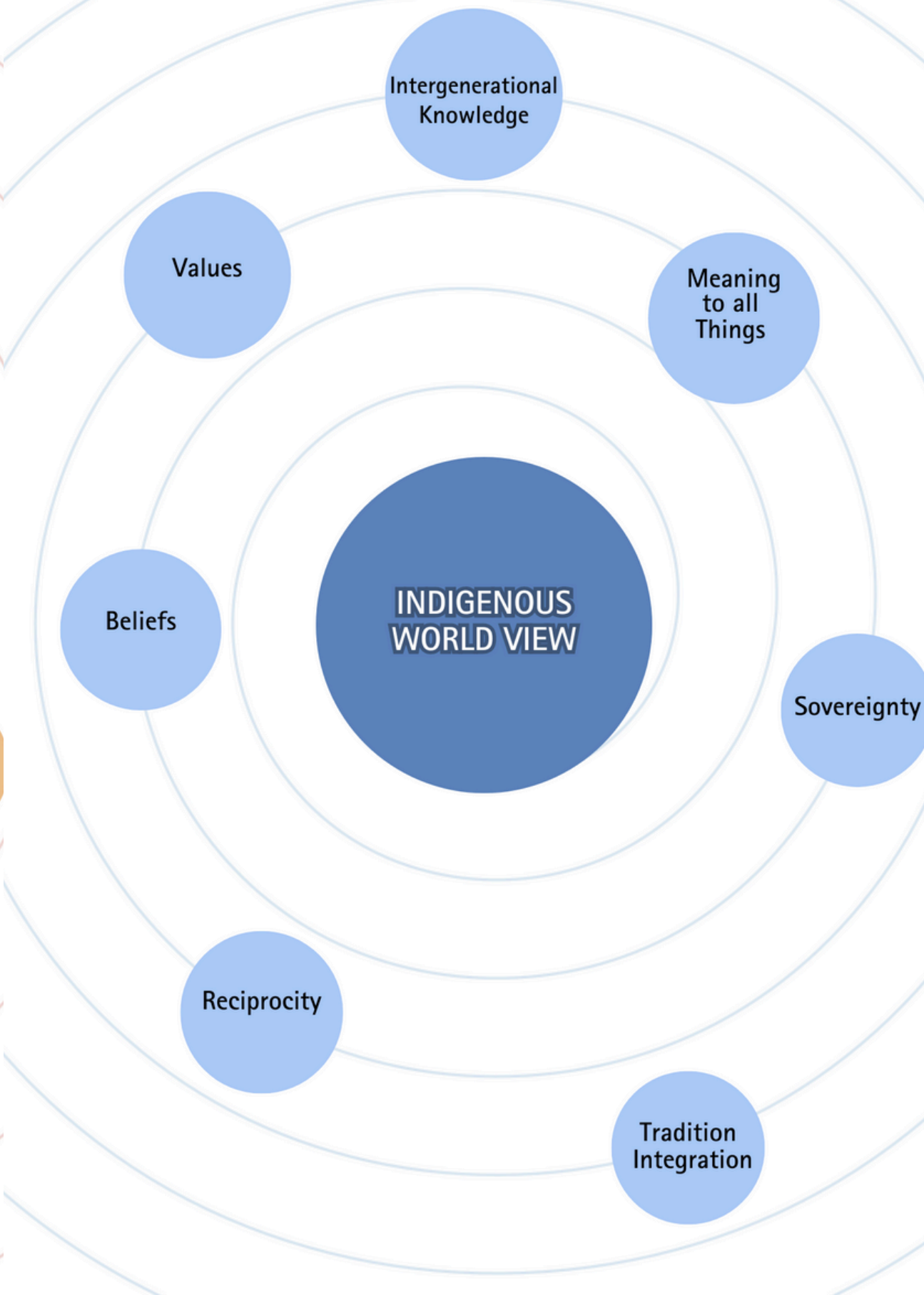
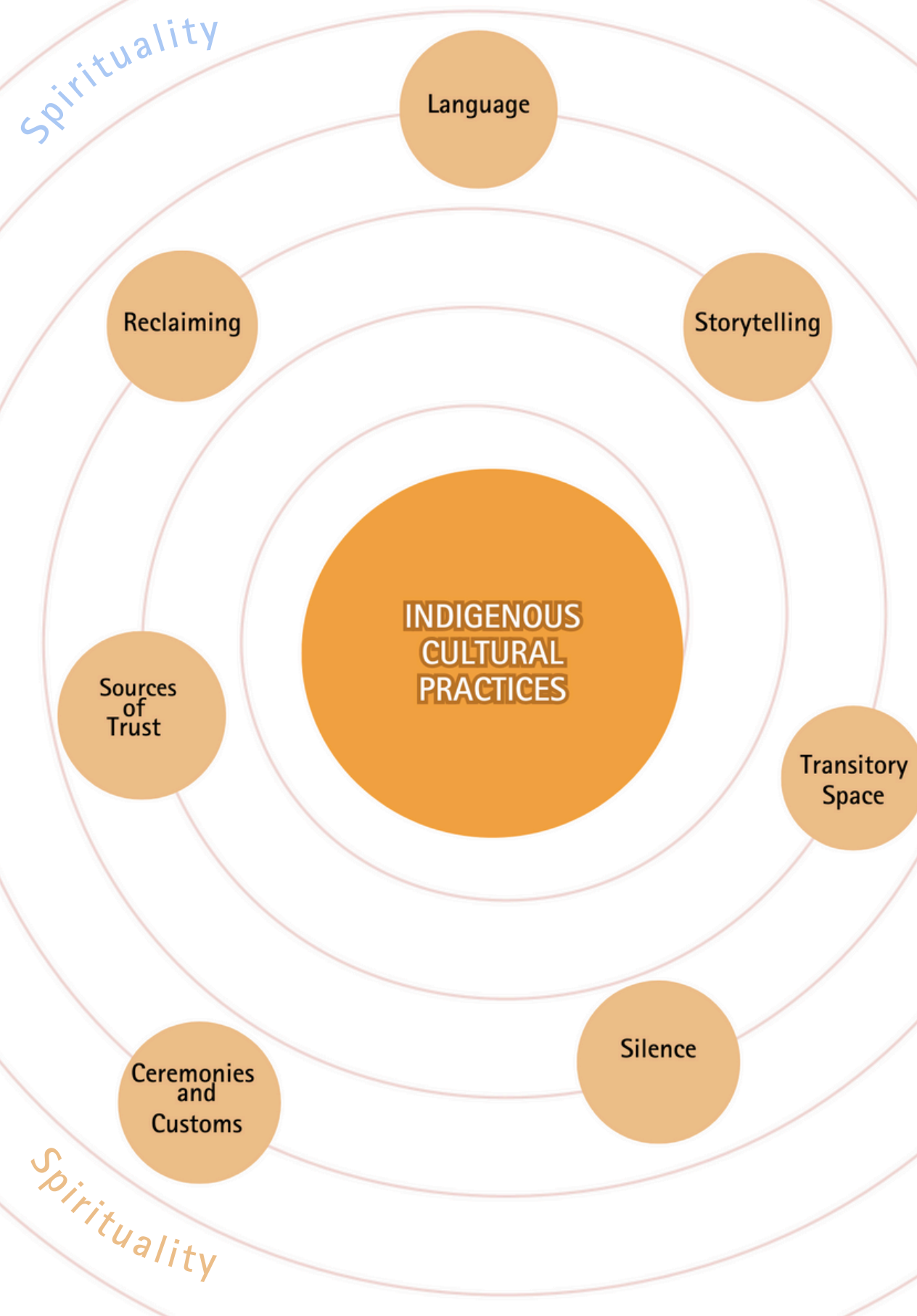
UCLA Integrated Substance Use and Addiction Programs

This project was funded by the Substance Abuse and Mental Health Services Administration (SAMHSA) State Opioid Response SOR 3 Grant to the California Department of Health Care Services (DHCS). The information expressed in these materials does not reflect the official policies or imply endorsement by the funding agencies. For more information on this project, contact Francesca Villareal - FVillarreal@mednet.ucla.edu

The Cultural Guideposts of Health Toolkit is meant for people familiar with cultural practices to determine how well an approach addresses the most important aspects of a community's culture in crisis response and other interventions. Each colored crescent represents one of the Culture as Health (Yamane and Helm, 2022) domains and its corresponding Guideposts of Health. In this model, Guideposts of Health include: Indigenous Cultural Practices, Indigenous World View, and Place-Based Sacred Sites, all in the context of Indigenous Spirituality.

Guideposts of Health may be included under more than one category and reflect the fluidity of these concepts. This model considers the diverse cultural landscape of California Indian Country, including differences between urban and rural experiences. Each Tribe, Rancheria, or individual can use the model to evaluate evidence-based practices for addressing crisis in their own community, organization, or program.

Ask the following questions for each Guidepost as you consider implementation in your community: "Does the intervention, approach, or program include these Cultural Guideposts of Health? What is present? What essential Guideposts are missing?"



Does the intervention, approach, or program include these Guideposts of Health?
What is present? What essential Guideposts are missing?