

Tenth Statewide Conference

Integrating Substance Use, Mental Health, and Primary Care Services



Hilton Universal City Hotel at Universal City

555 Universal Hollywood Drive
Universal City, California 91608

October 23-24, 2013



Co-Sponsored by:

**Los Angeles County Department of Mental Health
UCLA Integrated Substance Abuse Programs
The Pacific Southwest Addiction Technology Transfer Center
California Institute for Mental Health
The Integrated Care Conference Planning Committee**



Conference Goals

We are thrilled to be celebrating the 10th Anniversary of the Statewide Conference, held in Universal City, California, at the Hilton Universal Hotel on October 23-24, 2013. In 2000, a collection of dedicated service-providers, researchers, consumers, and other key stake-holders from across Los Angeles County, gathered with the goal of creating a top-notch conference to address co-occurring mental health and substance use disorders. They recognized that those suffering from dual disorders were the most disadvantaged and disempowered among us, with multiple and complex needs that our siloed system of care was ill-equipped to address. Through that first conference, they sought to merge science and service, and highlight best practices for delivering competent, sensitive, evidence-based care for these high-need consumers.

Over the past dozen years, this committed collection of individuals has planned and executed nine highly successful conferences dedicated to the delivery of comprehensive and integrated care for those suffering from co morbid health and mental health conditions, and we are extremely grateful for their years of service. In this 10th Statewide conference we hope to continue with the original vision set-forth by the planning committee, with an eye toward the enormous transformation in healthcare delivery taking place in our state as we implement the Affordable Care Act. We will continue our focus on the transformation of systems to improve client care, highlighting the collaboration among our diverse systems, including mental health, alcohol and drug treatment, primary care/health, criminal justice, education, and child welfare.

This year's conference theme, again, is "Integrating Substance Use, Mental Health, and Primary Care Services." Plenary and workshop sessions will explore comprehensive screening, assessment, and treatment for individuals with comorbid health and mental health conditions, and will highlight local and national innovative approaches to integrated care. Conference participants will have the opportunity to participate in both didactic and experiential workshop sessions that address the challenges of providing comprehensive and integrated treatment.

The Conference Objectives are as follows:

- To identify successful models within existing systems as we move to implement health reform .
- To increase collaboration between Substance Use, Mental Health, and Primary Care providers and agencies.
- To identify emerging best practices for treating the complex needs of clients with co morbidities.

The 2013 Statewide Conference is, again, a 'green event.' All planning and execution efforts have been done with mindfulness toward our environment and resource sustainability. Conference planning, marketing, publicity, invitations and registration were created with this standard at the forefront. Attendees and Speakers are strongly encouraged to utilize electronic media for viewing hand-outs and materials. Presentations will be available to download prior to the conference on the conference website.

7:30 am—8:30 am Continental Breakfast/Registration

8:30 am—8:45 am Welcoming and Introductions

Roderick Shaner, MD, *Los Angeles County, Department of Mental Health*

Marvin Southard, DSW, *Los Angeles County, Department of Mental Health*

8:45 am—9:00 am Welcoming and Celebration

Zev Yaroslovsky, *Los Angeles County Board of Supervisors*

Vivian Brown, PhD, *consultant*

9:00 am—9:30 am The Federal Perspective

Jon Perez, PhD, *Substance Abuse and Mental Health Services Administration*

9:30 am—10:45 am Plenary Session

Integrated Health Care

Dale Jarvis, CPA, *Dale Jarvis and Associates, LLC*

10:45 am—11:00 am Break

11:00 am—12:30 pm Workshops: Session I

A. Canst thou not minister to a mind diseased? Shakespeare, Substance Abuse, and Primary Care Treatment

Roderick Shaner, MD, *Los Angeles County, Department of Mental Health*

Stephanie Shaner, MD, *Kaiser Permanente, Los Angeles Medical Center*

B. What Your Staff Can Do to Address Lower Life Expectancies in Behavioral Health Patients

James R. Jones, MD, *Los Angeles County, Department of Mental Health*

C. Human Trafficking

Kenneth Chuang, MD, *UCLA David Geffen School of Medicine*

D. An Integrated Mobile Team Approach to Housing Placement & Retention for Vulnerable Homeless Individuals

Lezlie Murch, MA, MFT, *Exodus Recovery Center*

Cheri Todoroff, MPH, *Los Angeles County Department of Health Services*

Marc Trotz, MPA, *Los Angeles County Department of Health Services*

E. Seeking Safety for Adolescents

Lisa Najavits, PhD, *Seeking Safety Developer*

F. Addressing Problem Gambling in Asian-American Communities and Families

Timothy Fong, MD, *UCLA Gambling Studies Program*

G. Recognition and Management of Behavioral Health Issues in Non Mental Health Settings

Francesca Anello, LCSW, *Los Angeles County, Department of Mental Health*

H. Myths About Addiction and Treating Offenders for Substance Use and Mental Health Disorders

Igor Koutsenok, PhD, *University of California, San Diego*

Conference Agenda

October 23, 2013 (continued)

12:30 pm—1:30 pm Lunch

1:30 pm—3:00 pm Plenary Session

Transforming the Behavioral Health System and the Affordable Care Act

Robert K. Ross, MD, *The California Endowment*

3:00 pm—3:15 pm Break

3:15 pm—4:45 pm Workshops: Session II

I. TEAMcare: An Integrated Care Team-Based Approach for Treating Individuals with Comorbid Mental and Medical Conditions

Paul Ciechanowski, MD, *University of Washington*

J. Trauma-informed Care: Bullying and LGBT Youth

Al Killen-Harvey, LCSW, *Chadwick Center for Children and Families*

K. Integrated Teams: New Roles, New Responsibilities, New Measurement Tools

Debbie Innes-Gomberg, PhD, *Los Angeles County, Department of Mental Health*

Adrienne Shilton, MPPA, *California Institute for Mental Health*

L. Alcohol and Medical Marijuana: What Clinicians Need to Know

Thomas E. Freese, PhD, *UCLA Integrated Substance Abuse Programs*

M. The Role of Peers in Integrated Health Care

Speaker TBN

N. Co-occurring Disorders in Children & Adolescents and Juvenile Justice:

Past, Present and Future

Hanu Damerla, MD, *Los Angeles County, Department of Mental Health*

O. Medication-Assisted Treatment: Using Medicines in the Treatment of Addiction

Walter Ling, MD, *UCLA Integrated Substance Abuse Programs*

P. Spirituality in Health Care: Research, Practices and Possibilities

James Hurley, MFT, *Los Angeles County, Department of Mental Health*

7:30 am—8:30 am Continental Breakfast/Registration

8:30 am—9:00 am Morning Welcome
Speaker TBN

9:00 am—10:30 am Plenary Session

Health Reform and its Effects on Service Delivery and Integration: System Wide Updates

Moderator: Louise McCarthy, MPP, Community Clinic Association of Los Angeles County

Panel: Toby Douglas, MA, California Department of Health Care Services

Mitchell Katz, MD, Los Angeles County, Department of Health Services

John Viernes, Jr., MS, Los Angeles County Substance Abuse Prevention and Control

Albert Senella, Tarzana Treatment Centers

Marvin Southard, DSW, Los Angeles County, Department of Mental Health

10:30 am—10:45 am Break

10:45 am—12:15 pm Workshops: Session III

Q. The Deadly Triangle: The Relationship Among Depression, Substance Abuse, Suicide and Older Adults

Patrick Arbore, EdD, Center for Elderly Suicide Prevention and Grief Related Services

R. DSM-V Updates on the Diagnosis of Substance Use Disorders

Neal Adams, MD, MPH, California Institute for Mental Health

Victor Kogler, PhD, Alcohol and Drug Policy Institute

S. Tele-medicine/Tele-health: What Is It?

Nancy Roget, MS, National Frontier and Rural ATTC

Ricardo Mendoza, MD, Los Angeles County, Department of Mental Health

T. Implications of Katie A. & Early Periodic Screening, Diagnosis, and Treatment (EPSDT) Expansion for Children's Treatment

Speaker TBN

U. Teams, Tools and Consistency: Building an Integrated Pain Management Program

Silvia Diego, MD, Golden Valley Health Centers

Elizabeth Morrison, LCSW, MAC, Golden Valley Health Centers

V. Providing Integrated Treatment to a Forensic Population: Challenges of Engagement and Retention

Thomas Granucci, LCSW, U.S. Probation Office & California State University, Los Angeles

Victoria Simon, PhD, MFT, Project 180

W. Stigma and Discrimination of Mental Health and Substance Use Disorders in Primary Care Settings

Speaker TBN

Conference Planning Committee

Neal Adams, California Institute for Mental Health
Sermed Alkass, Los Angeles County DMH
Francesca Anello, Los Angeles County DMH
Ken Bachrach, Tarzana Treatment Centers
Verda Bradley, Los Angeles County, DPH, S APC
Reyne Brown, Los Angeles County DMH
Dwayne Clements, Los Angeles County, DPH, S APC
Valerie Curtis, Los Angeles County DMH
Darien De Lu, Dept. of Health Care Services
Carol Falender, Pepperdine University
Thomas Freese, UCLA ISAP
Thomas Granucci, U.S. Probation Office
Suzanne Holland, Los Angeles County DMH
Grant Hovik, UCLA ISAP

Mandy Johnson, Integrated Behavioral Health Project
Sherry Larkins, UCLA ISAP
Tiffany Liu, Los Angeles County DMH
Ingrid Marchus, Los Angeles County DMH
Jim O'Connell, Social Model Recovery Systems, Inc.
Urmi Patel, Los Angeles County DMH
Nancy Richards-Chand, LA County Public Defender's Office
Joanne Rotstein, Los Angeles County Public Defender's Office
Lise Ruiz, Los Angeles County DMH
Beth Rutkowski, UCLA ISAP
John Sheehe, Los Angeles County DMH
Petra Stanton, California Primary Care Association
Joycelyn Whiten, Los Angeles County, DPH, S APC
Brenda Wiewel, LA Centers for Alcohol and Drug Abuse

Continuing Education Information

Corrections Personnel: The 10th Statewide Conference qualifies as work-related education (WRE) through the Board of State and Community Corrections' Standards and Training for Corrections (STC) Program. Interested individuals can apply for training credit through their respective training units.

Drug & Alcohol Counselors: UCLA Integrated Substance Abuse Programs is an approved provider of CE credits/contact hours for C.A.D.C.s (CCBAD/CAADAC, 2N-00-445-1113), C.A.T.C.s (ACCBC/CAADE, CP 20 903 C 0613), C.A.S.s (BCAS/CAARR, 5033), and R.A.S.s (Breining Institute, CEP0604111449-ULA-HE). Up to 9.5 CE credits/contact hours will be offered.

MFTs & LCSWs: UCLA Integrated Substance Abuse Programs is approved by the California Board of Behavioral Sciences to offer up to 9.5 CE credits/contact hours to MFTs and LCSWs (PCE# 2001).

Psychologists*: UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP maintains responsibility for this program and its content. Up to 9.5 CE credits will be offered.

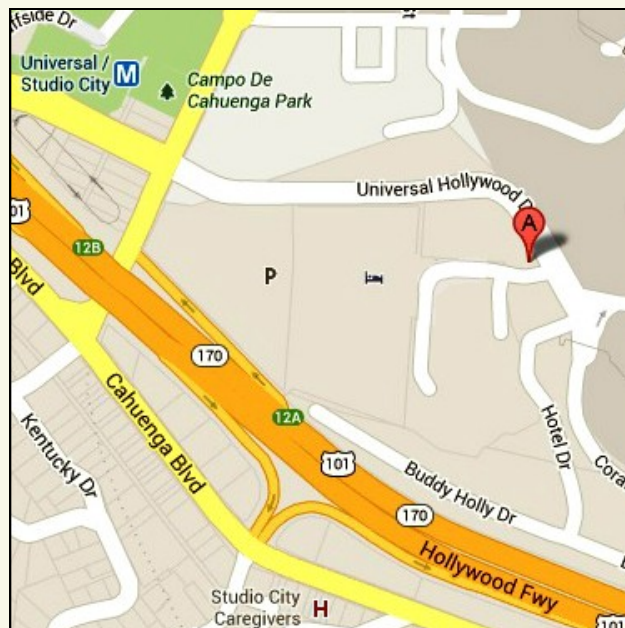
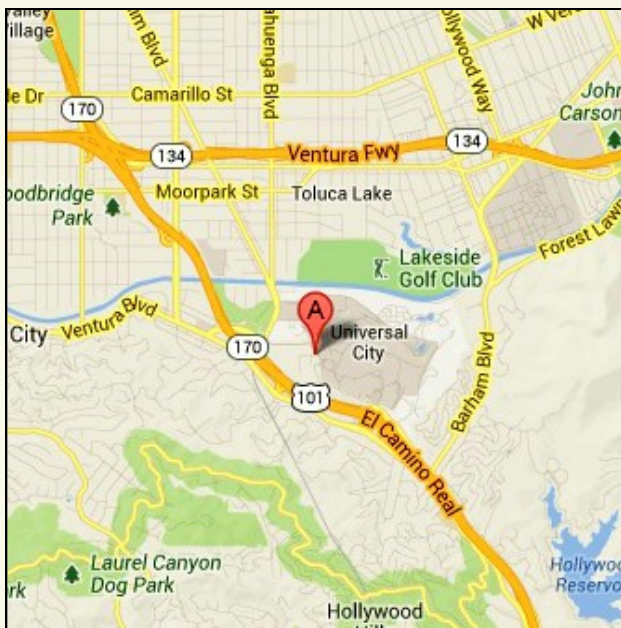
Physicians & Nurse Practitioners*: Community Health Partnership is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians and nurse practitioners. Community Health Partnership takes responsibility for the content, quality, and scientific integrity of this CME activity. Community Health Partnership designates this educational activity for a maximum of 9.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians and nurse practitioners should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.



Registered Nurses* Provider approved by the California Board of Registered Nursing, Provider #15455, for up to 9.5 contact hours.

*A listing of the specific sessions eligible for continuing education for psychologists, registered nurses, physicians, and nurse practitioners will be indicated in the final conference program.

Tenth Statewide Conference October 23—24, 2013



The Hilton Universal City Hotel is located at: 555 Universal Hollywood Dr, Universal City, CA. 91608, Phone: 1-818-506-2500
The hotel is located at the entrance of Universal Studios on the corner of Universal Hollywood Drive and Hotel Drive.

Discounted guest rooms are available for out of town attendees; information to follow upon registration.
There is a discounted daily self parking rate of \$10.00 per day.

