



**County of Los Angeles Department of Public
Health, Substance Abuse Prevention and
Control Program**

With

**UCLA Integrated Substance Abuse Programs, and
the Pacific Southwest Addiction Technology
Transfer Center**

Presents a Special Training on:

Stimulant Use Disorder: Therapeutic Approaches and Considerations

Friday, March 22, 2019, 10:00 a.m. – 1:15 p.m.

County of Los Angeles Dept. of Public Health, Substance
Abuse Prevention and Control Lecture Hall-Building A-7,
1000 South Fremont Avenue, Alhambra, CA 91803

Featured Presenter:

Thomas E. Freese, PhD, UCLA Integrated Substance Abuse Programs

Provider Panel:

Darlene Walker, MA, CATC IV, Options for Recovery

Kathy Watt, Van Ness Recovery House

Ahndrea Weiner, MS, LMFT, LPCC, Clare | Matrix

Description:

This Lecture Series presentation will describe the local and national scope of stimulant use disorders including current trends in use amongst special populations (e.g., adolescents, women, criminal justice populations, racial/ethnic minorities, and LGBT individuals). The mental health and physical health consequences of stimulant use disorders will be presented including information on stimulant use and its impact on the brain and cognition. Methamphetamine use, and psychosis/psychiatric comorbidity will also be explored. The presentation will conclude with a discussion on how to implement effective treatment interventions to people who use stimulants and the necessary adaptations needed to engage and retain special populations in care. Effective behavioral treatments for stimulant use tailored to stage of treatment will be discussed.

A panel discussion will follow this presentation, featuring representatives from SAPC's specialty substance use disorder (SUD) treatment provider network, with particular experience or focus on treatment of Stimulant Use Disorders. This portion of the presentation is intended to assist SUD providers in identifying and addressing real world considerations in effectively engaging patients in care, making level of care determinations for Stimulant Use Disorders and practical treatment and programmatic approaches to treatment. Additionally, panelists will share their perspectives on the growing use on varying stimulants, as well as their efforts to implement evidence-based treatment options to assist in addressing this ongoing and increasingly growing epidemic.

Objectives: At the end of this presentation, participants will be able to:

- 1) Describe the local and national scope of stimulant use, including use among special populations (e.g., adolescents, women, criminal justice, LGBT individuals, etc.).
- 2) Evaluate at least three (3) similarities and differences between the types of Stimulants including Amphetamines, Methamphetamines, and Cocaine.
- 3) List at least three (3) short-term and long-term effects of Stimulant Use Disorders and common associated medical complications
- 4) Utilize understanding of treatment goals to identify three (3) treatment options for Stimulant Use Disorders.

Continuing Education:

The training course meets the qualifications for the provision of three (3.0) continuing education credits/ contact hours (CEs/CEHs). UCLA ISAP is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider #64812). UCLA ISAP maintains responsibility for this program/course and its content. Course meets the qualifications for three (3.0) hours of continuing education credit for LMFTs, LCSWs, LPCCS, and LEPs as required by the California Board of Behavioral Sciences. UCLA ISAP is also an approved provider of continuing education for RADTs I/II, CADCs-CASS, CADCs I/II, CADCs-CSs, and LAADCs (CCAPP, #2N-00-445-1119), CATCs (ACCBC/CAADE, #CP 20 872 C 0819), and CAODCs (CADTP, #151). CE credit will be awarded at the conclusion of the training. Partial credit will not be available for those participants who arrive late or leave early.

This CME activity has been planned, developed and implemented in accordance with the accreditation requirements and policies of IMQ/ CMA Institute for Medical Quality, a subsidiary of the California Medical Association, through the joint providership of L.A. Care Health Plan and Los Angeles County Department of Public Health (DPH) – Substance Abuse Prevention and Control (SAPC). L.A. Care Health Plan is accredited by the IMQ/CMA to provide continuing medical education activities for physicians. L.A. Care Health Plan designate this live educational activity for a maximum of 3 AMA PRA Category 1 Credits™. L.A. Care Health Plan Provider Continuing Education Department maintains responsibility for this program and its content.

L.A. Care Health Plan is an accredited Continuing Education Provider (CEP #13731) by the California Board of Registered Nursing. This live course is approved and meets the qualifications of 3 hours of continuing education (CE) credits for RNs and NPs as required by the California Board of Registered Nursing.

Instructions for Filing a Grievance Concerning UCLA ISAP's Continuing Education Program: Please contact Dr. Thomas E. Freese, CE Program Administrator, in writing (UCLA ISAP, 11075 Santa Monica Boulevard, Suite 200, Los Angeles, CA 90025) or by phone (310- 267-5397).

PLEASE NOTE THAT PARKING AT THE SAPC ALHAMBRA CAMPUS COSTS \$5.00 PER VEHICLE. WE STRONGLY ENCOURAGE YOU TO CARPOOL.



THIS LECTURE IS FREE BUT PRE-REGISTRATION IS REQUIRED.

If you need a disability-related reasonable accommodation/alternative format for this event, please contact Brandy Oeser at (310) 267-5331, boeser@mednet.ucla.edu .

PRE-REGISTRATION REQUIRED. REGISTER ONLINE AT: <http://tinyurl.com/SAPC-03-22>

OR

CLEARLY COMPLETE FORM BELOW AND EMAIL TO VICTORIA (vnorith@mednet.ucla.edu) OR FAX TO 310-312-5398 (ATTN: VICTORIA)



Stimulant Use Disorder: Therapeutic Approaches and Considerations

Friday, March 22, 2019, 10:00 a.m. – 1:15 p.m.

Complete the following information and fax to 310-312-0538 (ATTN: Victoria) OR e-mail to vnorith@mednet.ucla.edu. PLEASE PRINT CLEARLY IF COMPLETING THE FORM BY HAND! You will receive written CONFIRMATION of your registration or notification that there is no more space available. If you do not receive either of these at least one week prior to the lecture date, please contact Victoria directly at 310-267-5408

FIRST NAME

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Special Needs or Other Accommodations:

*Would you like to be added to the Pacific Southwest ATTC listserv to receive notices about upcoming trainings (please check one)? Yes, please add me to the listserv No, thank you

Please specify the type(s) of Continuing Education (CE) credit you would like to receive:

- RADT I/II CADC-CAS CADC I/II CADC-CS CAODC
 LAADC CATC LMFT/LCSW LPCC/LEP CME
 Other (Please Specify):

License/Certification Number:

Funding for this lecture was made possible in part by cooperative agreement 5UR1TI080211-02 from the Substance Abuse and Mental Health Services Administration.

Refund/Cancellation Policy: Notice of cancellation must be made at least 72 hours in advance of the training by contacting Victoria Norith by phone (310-267-5408) or email (vnorith@mednet.ucla.edu). Please contact Victoria Norith by phone (310) 267-5408 or e-mail (vnorith@mednet.ucla.edu) if you have questions, concerns, special needs, or require additional information before registering for this training.