

Breakout Room Activity

Northern California Region - November 30, 2021 (10:00 am - 12:00 pm)

Please record your notes on your breakout room slide.



Breakout Room 1:

Review and discuss potential areas for improvement your site could address based on your QI data.

- Prescribe mostly methadone; working on same day admits over zoom to increase number of bup patients
- Demographics: missing some populations so trying to target those (several sites working on this)
 - Need to target underserved populations
- Not effective at co-occurrence with meth use (need something in place to deal with meth co-occurrence)
 - We all can improve co-occurring meth/stim/ alcohol use
 - One site using the TRUST protocol
 - One site has a goal to pilot CM for stimulant use disorder

Pick one site represented in the breakout room and work together to brainstorm possible change projects based on the site's QI data.

Focus on demographics:

- Spanish language materials (outreach materials, clinic materials)
- Diverse providers
- More interpreters
- Find what the barriers are to access care (what are the next steps)
- Advertising in multiple languages (english/spanish)

What specific ideas for rapid cycle change projects will you bring back to your administrative team?

- Co-Occurring MH: add psych/np in outreach
- Advertising /outreach - more specific outreach
 - Advertising isn't working at one site
 - Try movie theaters, parent magazines. Articles.
 - Utilize peer support people in the same demographics for outreach. Could help with confidentiality concerns.

Breakout Room 2: Mendocino Community Health Clinic

Review and discuss potential areas for improvement your site could address based on your QI data.

- Change in admission for new MAT patients (they are an FQHC- 1 company with 3 sites in the county)
- Large Latin/Hispanic population of the community, but they are not being served. Only 1 provider who is Bilingual.
- Need for treatment for patients who struggle with Methamphetamines - but no current treatment options at this time (Perhaps understanding that they do not need to be in a program per se to document their treatment type).

Pick one site represented in the breakout room and work together to brainstorm possible change projects based on the site's QI data.

- Consideration for increasing outreach: Meetings, local community- new physician who is expanding the program, or introducing yourself
- Consider making it more personable (Business cell phone- folks contact more directly especially via Text.)
- There is not much availability as we would like to see -- wait time is longer than it should be. (Certain days providers see clients)
- Foster relationship with local hospital

What specific ideas for rapid cycle change projects will you bring back to your administrative team?

- Simple outreach. Dedicated phone line with a text option. Look at the outreach and how long the retention is to see if that impacts data
- Consideration of working with homeless shelter- provide them with contact information once established, possible handouts
- Starting outreach with the jails (jail gives a bridge of 1 week)

Breakout Room 3:

Review and discuss potential areas for improvement your site could address based on your QI data.

- Aegis Eureka - admitting a good number of pts per month; more sustainable funding sources coming with new Medi-Cal contracts etc. We have experienced a huge demand, very little outreach needed.
- Western Sierra Medical - Trying to get more providers waived; many find overwhelming. Could increase access for patients. Only 2 peer counselors, no LCSWs. Psychosocial supports are needed.

Pick one site represented in the breakout room and work together to brainstorm possible change projects based on the site's QI data.

- Western Sierra - Ideas to help improve number of active patients; word of mouth, networking, the need is there

What specific ideas for rapid cycle change projects will you bring back to your administrative team?

- Western Sierra - not sure, first active meeting taking place this week to discuss areas of improvement and change.

Breakout Room 4:

Review and discuss potential areas for improvement your site could address based on your QI data.

- Getting new patients
- Reconnecting with previous MAT patients who still need services
- Addressing changes to patient numbers due to COVID
- Starting new patients in stimulant use treatment

Pick one site represented in the breakout room and work together to brainstorm possible change projects based on the site's QI data.

- Patient education
- Outreach & peer support
- Team meetings about stimulant use disorder patients

What specific ideas for rapid cycle change projects will you bring back to your administrative team?

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Breakout Room 5:

Review and discuss potential areas for improvement your site could address based on your QI data.

- Focus a change project on our missions department and increase outreach.
 - Implemented rapid testing
- Still not running at capacity
 - Residential easier program to fill. Detox is a difficult place to fill.
- How do you appeal to individuals into detox and abide by COVID-protocol
- Bridge program fell off, but there is a new SUN to help this issue

Pick one site represented in the breakout room and work together to brainstorm possible change projects based on the site's QI data.

- **Issue - Outreach:**
 - **Spring into wellness event - gather local healers from art therapy, massages, and having recovery talks. Outdoor event.**
 - **Wrote an article on how to get through holidays, receive support, patient testimonies with the organization to help reduce fear.**
 - **Social media push.**
 - **Peer recovery specialist who can do outreach in a different way**

What specific ideas for rapid cycle change projects will you bring back to your administrative team?

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